

Health Career Exploration Summer Camp Impact 2025

Students
Participating



44



Towns represented
by students



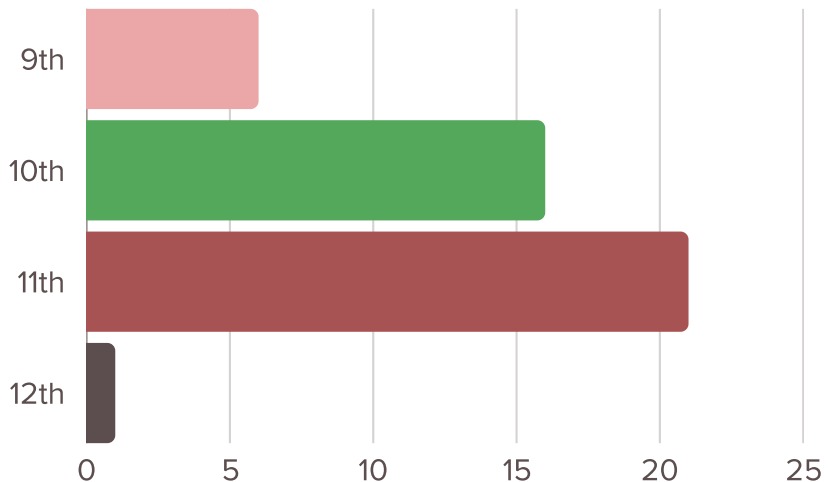
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This summer we were thrilled to host Health Career Exploration Summer Camp in Nashua, Manchester, and Durham. We partnered with the wonderful people at Nashua Division of Public Health & Community and UNH Institute for Health Policy and Practice. Camp subjects span oral health, medical school, first aid, anatomy, and more.



Camp focuses on young high school students to spark their interest in health careers and showcase the possible ways to get there. Students report that they love the dynamic and hands-on opportunities to try out skills needed for health careers, with many students expressing interest in other in and out of school opportunities to continue their learning in this area. After expressing interest in learning more about what it takes to become a Physician Associate (PA), one student from Nashua was placed with a PA in her community for a job shadow. AHEC was able to provide an opportunity she didn't even know was possible before attending summer camp.

Grades represented



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Partners Involved:



University of
New Hampshire



Students understand what to do in the next 3-5 years to pursue a health career:

Before Camp: 66%

After Camp: 87%

Students that would recommend this camp:

95%

Students with a declared health career interest:

84%

* % of students who responded to post camp evaluation (n=38)

Most Popular Activities

Nursing Simulation Lab



With campus tours of University of New Hampshire and Rivier University, students experienced hands-on labs, nursing skills training, exposure to different health careers, CPR certification, and more. One camper said *"I loved getting to interact with a 'patient' and figure out what's wrong"*. Campers came out of these experiences with an increased desire to be healthcare professionals and received advice from staff about how to pursue their

CPR Certification



Campus Tour



First Aid Practice



dream careers. One camper shared that the experience helped her realize she wants to become a pediatric nurse and she's already exploring college programs. Moments like that remind us why these camps matter.