Southern NH Area Health Education Center

May 2021	Upcoming Conferences, Workshops, and Programs

Given the state of the world, SNHAHEC has pivoted to live webinars and online learning. Please visit snhahec.org for other online learning opportunities. Here are just some of the many modules we have available. Stay safe and healthy!

- ***Strategies for Preventing and Managing Tickborne Illness*, Apara Dave, MD**
- ***COVID-19 & Diabetes*: Della B. Flanagan, RDN, CDCES, MEd, BC-ADM, LD**
- ***Community Programs: A Cure for Social Isolation*-Rachel S. Eichenbaum, RN, MSN**
- ***Alzheimer's Dementia-Intro to Alzheimer's*-Carole Boutin, DNP, MS, RN, CNE**
- ***Addressing Vaccine Hesitancy*-Ardis Olson, MD, Kim Bernard, MSN, RN, Elizabeth Talbot, MD, Suzanne Allison, RN, BSN**
- ***Achieving Adolescent Wellness through Preventative Care*-Lyndsay Goss MSN, RN**

Diversity and Cultural Competence Workshop

May 19, 2021

8:30 am-4:30 pm on Zoom

The Southern NH AHEC and the Health & Equity Collective 's Diversity & Cultural Competence Workshop is an interactive, experiential workshop that allows participants to explore the concepts of diversity and culture, and recognize personal values, beliefs, and biases.

Learning Objectives:

At the conclusion of the 6 hour facilitative workshop, participants are able to:

- Explain the similarities and differences between "diversity" and "culture", and how they relate to their work;
- Identify their own cultural attitudes towards communication, appearance, time, authority, and work habits;
- Describe how their cultural attitudes impact their daily interactions;
- Identify behaviors that indicate a lack of cultural competence and those that indicate skills in cultural competence; and
- Explain the importance of cultural competence in their work.

Details:

The event is free. Limited space is available. **To Register:** Email Brianna your name and organization: bferraro@snhahec.org.

New Hampshire Equity Collective

AHEC Southern New Hampshire Area Health Education Center

Tick Safe Practices: An Educational Session For All

+ Interactive Q&A With Entomologist, Rachel Maccini

The Tick Safe Practices Program provides resources so you can enjoy the summer! Join us for a one hour online educational session.

This program is open to all. Whether you are a parent looking to learn more about how to protect your kids, an avid hiker, a landscaper, or just someone wanting to learn more about ticks!

Registration is required. Please click here register

From our online educational session you will learn:

- To be able to identify the most encountered ticks
- To be familiar with where ticks live
- To learn what you can do to protect yourself, your pet and your family from ticks

For more information contact Julia Meuse at jmeuse@snhahec.org or click here to visit our website.

Thursday, May 20th
12:30- 1:30 pm

Seacoast Public Health Network

NH Extension

You are the Key to HPV Cancer Prevention Lunch and Learn Webinar

Wednesday, May 26, 2021
Program: 12:00 to 1:00pm
Webinar via ZOOM

Presenter: **Dr. Bobby Kelly**

Dr. Robert Kelly is a primary care physician in Exeter, NH. Dr. Kelly is board certified in Family Practice and Preventive Medicine.

Learning Objectives:

- Define the importance of HPV vaccination for cancer prevention.
- List the indications for the HPV vaccine.
- Provide useful and compelling information about the HPV vaccine.

There is no registration fee for this session, however, space is limited.

To Register for this event, click here.

A link to the ZOOM webinar will be sent out via email prior to May 26. If you have trouble accessing the Eventbrite link, please reach out to Amy Deavitt at amy.deavitt@cancer.org.

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours Activity Number: 1384

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 1.0 professional hours of continuing education.

American Cancer Society®
Attacking from every angle.

CMC
CATHOLIC MEDICAL CENTER
a member of GraniteOne Health

AHEC Southern New Hampshire Area Health Education Center

Preventing Death, Disease and Suffering through Harm Reduction Strategies

Harm Reduction is a social movement built on human dignity and respect. This training will explore and highlight proven harm reduction strategies for people who use drugs. Conversational harm reduction will be discussed as a framework of working with and supporting people on their journey to wellness and recovery. Current drug trends will be reviewed and pragmatic approaches to overdose prevention will be discussed. The overall goal of this training is to enhance existing systems of support for individuals who use drugs with updated information on harm reduction principles and strategies.

As a result of attending this training, participants will be able to:

- Describe current drug trends;
- Review evidence-based interventions for drug use and overdose prevention strategies;
- Recognize how, with harm reduction, all drug-related death and disease is preventable;
- Discuss the intersectionality of Prevention, Intervention, Treatment and Recovery with Harm Reduction; and
- Empathize with the plight of people who use drugs living under criminalized drug policies.

Presenter: Ryan Fowler, a native of New Hampshire, is a person in sustained recovery and a Certified Recovery Support Worker. He is a former injection drug user and credits being alive and his clean bill of health to harm reduction and evidence-based treatment. After working in addiction treatment and recovery for several years, Ryan began focusing on harm reduction, public health strategies, and overdose prevention efforts. Using both his negative lived experience and positive professional experience, he has grown in effectiveness and is passionate about helping other people who use drugs to stay alive and find recovery.

June 2, 2021
1:00-2:30 pm EST

To Register:
https://harmreduction060221.eventbrite.com

Virtual Training Zoom link will be sent out the week of the training to registered participants

Please contact Carrie McFadden cmcfadden@healthynh.org with any questions.

Continuing Education:

Nurses: Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 1.5 contact hours, Activity Number: 1383

Physicians: The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For all other health professionals: 1.5 hours

This training is funded by a grant from the Foundation for Opioid Response Efforts (FORE).

AHEC Southern New Hampshire Area Health Education Center

Foundation *for* Healthy Communities
Partnering to improve health for all.

Motivational Interviewing: A Conversation About Change

June 9th & 10th, 2021
9:00-12:00pm

Location: Live Webinar via Zoom

Cost: $45.00

Continuing Education

Nurses

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

5.5 contact hours. Activity Number: 1388

Physicians

The Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credit*(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work

5.5 CEUs pending approval from NASW NH.

Motivational Interviewing (MI) is a very specific way of having a conversation about change. The process of Motivational Interviewing discovers each person's values and interests. It is designed to decrease barriers and increase readiness to make a change. It provides concrete, person-focused tools that help to address ambivalence and engagement both on an individual level and at a group level.

These interactive training sessions will help you learn how to bring awareness to individuals about the discrepancy between their current behavior and their future goals. You will learn how to assist them to make meaningful healthy lifestyle changes.

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

Learning Objectives

After this session, participants will be able to:

- Describe active listening and its impact on the behavior change
- Explain the MI spirit, four processes and mind-set that guide MI conversations
- Discuss discord and how it impacts the relationship
- Identify how to effectively provide information and suggestions
- Demonstrate the use of one of more of the micro skills of OARS
- Describe sustain talk, change talk and commitment language
- Practice exercises

Faculty: Lisa Stockwell, MEd ~ It's Your Journey, LLC, Consulting & Training

Click here to Register!

Space is limited. The use of video and audio and attendance to both sessions is **required** in order to receive credit.

For questions please contact:
Brianna Ferraro @ bferraro@snhahec.org

AHEC Southern New Hampshire Area Health Education Center

BEYOND SEIZURES AND EPILEPSY

Live Webinar via Zoom

Wednesday, June 9th, 12:00 - 1:00 PM EST

Presented by: Elaine T. Kiriakopoulos, MD, MSc
Assistant Professor of Neurology, Geisel School of Medicine at Dartmouth
Dartmouth-Hitchcock Epilepsy Center

Approximately 3.5 million people in the US live with active epilepsy.

- **1 in 26** people will develop epilepsy during their lifetime.
- **1 in 10** people will experience a seizure during their lifetime.

Seizures and epilepsy can occur with comorbid neurologic and psychiatric disorders including stroke, traumatic brain injury, Alzheimer's disease, brain tumors, migraine, multiple sclerosis, autism, anxiety, and depression.

Learn about epilepsy, its treatment, its relationship to other common neurologic conditions, challenges individuals and families with epilepsy face and how to assist people better manage their disease and lifestyle to lessen the impact of epilepsy.

Target Audience: CHWs, nurses, social workers, behavioral health providers, PCPs

LEARNING OBJECTIVES

- Review seizures, epilepsy and how epilepsy is diagnosed and treated
- Recognize the relationship between seizures, epilepsy and comorbid neurologic and psychiatric conditions
- Identify common challenges individuals and families impacted by epilepsy face
- Discuss epilepsy self-management programs and assistance available to individuals with epilepsy to help them better manage their disease and lifestyle to lessen the impacts of epilepsy

Learning Outcome: Participants will report a change in practice related to treating epilepsy.

REGISTER: https://beyondseizuresandepilepsy.eventbrite.com

Continuing Education:

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 1.0 contact hours. Activity Number: 1375

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 1.0 professional hours of continuing education.

Southern New Hampshire Area Health Education Center
A Public Health Training Center

CHW COMMON INDICATORS: A DEEPER DIVE

Community Health Workers (CHWs)* are key members of the health workforce.
Join us to explore opportunities to assure CHWs are well supported to provide care and address health inequities in New Hampshire.
*The title "CHW" includes workers who go by other titles, including patient navigator and Promotores/as.

June 16, 2021
1:00 PM - 3:00 PM
Live via Zoom

Register Here

Learning Objectives:

- Be familiar with the 11 priority indicators that have been developed by the CHW Common Indicators Project
- Enhance their understanding of the nature of each of the 11 indicators
- Reflect on which of the indicators they might reasonably be able to use in their settings.

Faculty:
Victoria Adewumi, CHW, Common Indicators Project
Noelle Wiggins, Common Indicators Project

Community Health Workers

Southern New Hampshire Area Health Education Center

Coping with Compassion Fatigue – Resiliency and Resourcefulness During Covid and Beyond

Faculty

Farrah Sheehan Deselle, MSN, RN, IBCLC

Continuing Education

Nursing
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 contact hours Activity Number: 1391

Physicians
The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.5 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals
1.5 professional hours of continuing education.

Wednesday, June 23, 2021
Live Webinar: 2:00 to 3:30pm

It has been over a year since COVID-19 began affecting our lives, our work and our world. Much of the focus has been on how to prevent the spread and mitigate the harm specific to the disease. However, the effects of COVID-19 are far greater than the virus itself. Families who were already struggling to navigate complicated systems like health care and education struggle to get their needs met, and those providing the needs struggle to keep up. COVID-19 and its effects are not going to disappear. As service professionals, we are tasked with examining how we care for ourselves and each other during this extended crisis. We must explore the invitation that COVID-19 is giving us – to identify and build resiliency and resourcefulness and perhaps to learn more about ourselves and our world through a collective journey into the unknown.

Join Farrah Sheehan Deselle in this dynamic and inspiring workshop to reflect on the impact that living through a pandemic is having on service professionals (health care, education, social services etc). Discover the innate resources that are within your reach in each moment. Leave with strategies that can be easily used to feel more connected to your colleagues and those you serve when layers of restrictions and protocols seem to result in barriers to caring and communicating. And most importantly, be inspired to do something to bring healing and hope, even when you cannot fix everything.

Learning Objectives

After this session, participants will be able to:

- Explore the effects of COVID-19, including compassion fatigue, on service professionals
- Discuss common experiences in the collective journey of the unknown and how to identify and build resources and resiliency
- Experience a sense of peace and wellbeing through a creative, mindfulness practice
- Identify at least one new strategy to use in practice to feel a sense of peace and wellbeing to mitigate compassion fatigue

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

Click here to register!

An email with the Zoom information will be sent out prior to the webinar.

AHEC Southern New Hampshire Area Health Education Center

July 21st, 2021, 9:00 am – 1:00 pm EST

Epilepsy & Self-Management Virtual Training

Dartmouth-Hitchcock | GEISEL SCHOOL OF MEDICINE AT DARTMOUTH

This training delivers learning modules that address,

- Overview of Epilepsy & Seizures
- Treatment Considerations in Epilepsy
- Seizure First Aid
- Comorbidities in Epilepsy
- Lifestyle Management
- Self-Management Programs
- Case Studies in Epilepsy

Target Audience: Nurses, NPs, nurse educators, CHW's, social workers, counselors, PCPs, psychologists, PAs, neurologists

To register: https://www.eventbrite.com/e/epilepsy-self-management-virtual-training-tickets-153870568011

AHEC Southern New Hampshire Area Health Education Center
A Public Health Training Center

Learning Objectives:

1. Describe seizures, epilepsy and 3 ways epilepsy may be treated
2. Discuss physical, mental and psychosocial challenges associated with living with epilepsy
3. Discover how to assist people with epilepsy control their seizures, prevent injuries, make healthy lifestyle choices, and improve quality of life
4. Identify 3 common comorbidities in epilepsy
5. Increase knowledge and confidence in their ability to provide seizure first-aid
6. Develop confidence in their ability to provide epilepsy management support
7. Explain the benefits of epilepsy self-management and at least 2 pathways for referral to a self-management program
8. List the resources and types of assistance available to people living with epilepsy

Learning Outcome: Participants will report a change in practice related to treating epilepsy.

Continuing Education:

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 3.75 contact hours. Activity Number: 1343

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 3.75 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been approved for 3.5 Category A Continuing Education Credits by the National Association of Social Workers, NH Chapter. CEU #3749

For other professionals: 3.75 professional hours of continuing education.

Southern New Hampshire Area Health Education Center
A Public Health Training Center

64-hour Health Care Community Interpretation Training, Online/via Zoom

Dates: May 4 to July 20, 2021
Time: 6:00pm – 9:00 pm
On Tuesdays & Thursdays

For more info. email: fgdinu@snhahec.org

This is a comprehensive 64-hour program that teaches interpreters to work in the community, social services, education and healthcare, and it satisfies regional customer requirements for training interpreters providing services to state agencies and hospitals. This is a nationally known course taught in many states and is also accepted for medical certification processes for National Accreditation.

Tuition cost for this training is $800. NH students interested in applying for a scholarship of $400 please check here . Registration fee, mandatory language proficiency screening (in English and target language), the manual and exercises/role-plays are included in this amount. Students must have a computer with camera to participate in Zoom classes. Complete attendance is required.

Individuals interested in this training must complete the form below, and include a nonrefundable registration fee of $100 check/money order made out to SNHAHEC and send it to: Florentina G. Dinu, Southern New Hampshire Area Health Education Center, 128 State Route 27, Raymond NH 03077, Any buyer may cancel this transaction any time prior to midnight of the third business day after the date of the transaction. After that the registration fee and tuition cost is non-refundable.

HCCI REGISTRATION

NAME_____HOME PHONE_____OTHER PH. _____

ADDRESS:_____TOWN_____STATE/ZIP _____

EMAIL_____PLACE OF BIRTH_____NATIVE LANGUAGE _____

OTHER LNG'(S) SPOKEN_____HIGHEST EDU. COMPLETED_____

Today's date_____HOW DID YOU FIND OUT ABOUT THIS TRAINING? **Please check:**

*SNHAHEC website___*Received email_____*Other (please specify name): _____

Strategies for Preventing and Managing Tickborne Illness

Online Module

Be prepared for Tick Season!!

Learning Objectives:

- Identify different types of ticks and the prevalence of tick borne illness in NH
- Discuss strategies for testing and diagnosis of tick-borne illness
- Describe treatment options for tick borne disease
- Address prevention strategies to share with patients

Faculty:

Dr. Apara Dave is an Infectious Disease specialist with CORE Physicians in Exeter, NH. Dr. Dave is board certified in Internal Medicine & Infectious Disease. She is also the medical director for the Seacoast Travel Clinic.

To view the module, click here:

https://www.snhahec.org/strategies-for-preventing-and-managing-tickborne-illness.html

Nurses

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours. Activity Number: 1382

Physicians

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AHEC Southern New Hampshire Area Health Education Center

Recognizing and Responding to Human Trafficking in a Healthcare Context

Faculty

Donna Plourde, Executive Director, Real Life Giving, Training Committee Chair, NH Human Trafficking Task Force,

Continuing Education

Nursing
Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 contact hours Activity Number: 1389

Physicians
The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.5 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals

1.5 professional hours of continuing education.

Online Module

Human trafficking is defined as "the recruitment, harboring, transportation, provision or obtaining of a person for exploitation through labor, services or a commercial sex act by force, fraud or coercion." Human Trafficking happens in New Hampshire. Join us to learn what to look for and how to best provide care and services to your patients and/or clients.

Learning Objectives

After this session, participants will be able to:

- Discuss the dynamics of human trafficking and the scope of the issue in NH
- Identify indicators of human trafficking
- Describe best practices for responding and reporting

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

Click here to view the module.

NEW HAMPSHIRE HUMAN TRAFFICKING COLLABORATIVE TASK FORCE "Learn, Build, Respond"

AHEC Southern New Hampshire Area Health Education Center
A Public Health Training Center

Addressing Vaccine Hesitancy

Online Module

Faculty

-Ardis Olson, MD
-Kim Bernard, MSN, RN
-Elizabeth Talbot, MD
-Suzanne Allison, RN, BSN

Continuing Education

Nursing
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours Activity Number: 1392

Physicians
The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals
1.0 professional hours of continuing education.

This session applies to:

- Childhood and Adolescent Vaccines
- COVID-19 Vaccine
- Flu Vaccine

Strategies discussed:

•Motivational interviewing for addressing vaccine hesitancy

Learning Objectives

After this session, participants will be able to:

- Describe vaccine hesitancy and underlying factors
- Recall at least three practices clinicians can use to build confidence in vaccines among patients
- Apply lessons learned to COVID, early childhood, and adolescent vaccinations.
- Identify at least one action they can take to support a culture of vaccine confidence in their practice setting

Learning Outcome: Participants will report a change in practice related to communicating about vaccines.

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, behavioral health and public health professionals.

Click here to view the module.

American Cancer Society®

Dartmouth-Hitchcock NORRIS COTTON CANCER CENTER

AHEC Southern New Hampshire Area Health Education Center
A Public Health Training Center

Preceptor Development Modules

A series of educational modules for community based clinical teachers

Dealing With the Difficult Learning Situation: Prevention	Narrated by: Elizabeth Harrison, BSN, MSN,FNP-BC	https://www.snhahec.org/preceptor-development-dealing-with-the-difficult-learning-situation-prevention.html
Dealing With the Difficult Learning Situation: Management	Narrated by: Elizabeth Harrison, BSN, MSN,FNP-BC	https://www.snhahec.org/preceptor-development-dealing-with-the-difficult-learning-situation-management.html
The Effective Preceptor	Narrated by: Justine Nims-Largy, APRN	https://www.snhahec.org/preceptor-development-effective-preceptor.html
Evaluation: Making it Work	Narrated by: Kim O'Mahoney, APRN, FNP-BC	https://www.snhahec.org/preceptor-development-evaluation-making-it-work.html
Feedback	Narrated by: Ruth James, MD, MPH	https://www.snhahec.org/preceptor-development-feedback.html
Integrating the Learner Into the Busy Practice	Narrated by: Rajae Raji, APRN	https://www.snhahec.org/preceptor-development-integrating-the-learner-into-the-busy-practice.html
Learner Engagement in Community Rotations	Narrated by: Paula Smith, MBA, EdD	https://www.snhahec.org/preceptor-development-learner-engagement-in-community-rotations.html
The One-Minute Preceptor	Narrated by: Jonathan Gott, PA-C	https://www.snhahec.org/preceptor-development-one-minute-preceptor.html
Setting Expectations	Narrated by: Ruth James, MD, MPH	https://www.snhahec.org/preceptor-development-setting-expectations.html

AHEC Southern New Hampshire Area Health Education Center

ARE YOU A PRECEPTOR?

We are interested in talking with people who precept health professions students in community rotations. Join us in our assessment of placements in community settings. Interviews are about 30 minutes long.

Please click this link if you are willing to share your perspective. You will receive an email with more information about our research and we can set up time to talk with you.

Thank you for helping to educate our future workforce. Paula Smith, MBA, EdD, Director

AHEC Southern New Hampshire Area Health Education Center

Community Programs: A Cure for Social Isolation Online Module

Want to learn more about Community Programs?

This 45 minute narrated PowerPoint presentation, available online, provides introductory information about various community programs. It touches upon social isolation and loneliness, social capital, and more!

Learning Objectives:

- Describe self-management programs and their value in the community
- Identify strategies to engage patients in managing their chronic disease
- Discuss the nursing role in chronic disease management

Presented by Rachel S. Eichenbaum, RN, MSN

Rachel has been a nurse for over 20 years working in primary care, patient education and community health programing. For the last 4 years, she's worked in healthcare quality improvement. She lends technical assistance to primary care practices, helping providers to make changes that will enhance their practice and their patient.

Click here to learn more!

Alzheimer's Dementia-Introduction to Alzheimer's-Online Module

Want to learn more about Alzheimer's Dementia?

This 45 minute narrated PowerPoint presentation, available online, provides introductory information about Alzheimer's Dementia, the cost burden, the stages of Alzheimer's and more.

Learning Objectives:

- Distinguish Alzheimer's as one of the Dementias
- Discuss the prevalence of dementia/Alzheimer's in NH and globally
- Explain the projected scope of the epidemic
- Discuss the cost burden of Alzheimer's for federal/state governments and individuals/caregivers
- Identify health disparities related to Alzheimer's and other dementias
- List the stages and signs/symptoms of each stage of Alzheimer's Disease.
- Relate changes in the brain to signs/symptoms at each stage of Alzheimer's Disease

Presented by: Carole Boutin, DNP, MS, RN, CNE

Click here to learn more!

Culture and Cultural Effectiveness (Competency)

Want to learn more about Cultural Effectiveness?

This narrated PowerPoint presentation, available online, provides introductory information about culture and cultural effectiveness, cultural challenges, and the continuum process of cultural competency.

Learning Objectives:

- Define culture and diversity
- Explain what cultural effectiveness/competency means
- Define the continuum process of cultural competency
- Describe cultural challenges of health care and social services systems
- Identify what assistive technologies are available for different groups of people with disabilities and who is responsible to provide the appropriate services

Presented by: Florentina G. Dinu

Click here to learn more!

Transitions of Care: The Role of a Nurse

Want to learn more about Transitions of Care?

This narrated PowerPoint presentation, available online, provides introductory information about what transitional care is, the elements of transitions, and some evidence-based models of transitional care.

Learning Objectives:

- Discuss the definitions of transitional care, including the elements involved in management of transitions.
- Identify evidence based models and tools to improve transitional care.
- Recognize the roles nurses can play in transitional care.

Presented by: Lyndsay Goss, MSN, RN, CNE

Click here to learn more!

Compassionate Boundaries

Want to learn more about Compassionate Boundaries?

This narrated PowerPoint presentation, available online, provides introductory information about compassionate boundaries. Learn more about how to set compassionate boundaries to avoid saying yes when we really mean no. As caregivers, we can learn to consider our own needs, while we are helping others to get their needs met. Learning to set boundaries with compassion can reduce compassion fatigue and role model positive behavior for our clients.

Learning Objectives:

- Discuss definitions and concepts of compassion and its place in health care settings
- Describe definitions of professional boundaries.
- Identify common challenges to creating and maintaining compassionate and professional boundaries.

Presented by: Jen Stout, LICSW, MLADC

Click here to learn more!

Motivational Interviewing

Want to learn more about Motivational Interviewing?

This narrated PowerPoint presentation, available online, provides introductory information about what Motivational Interviewing is, the elements that make up the mindset of MI, and more!

Learning Objectives:

- Describe the four elements of the mindset/spirit of MI
- Explain the four processes that guide MI conversations
- Describe 1 example of the core interviewing skills of MI
- Describe how to effectively provide information and suggestions

Presented by: Lisa Stockwell, MEd

Experienced trainer, educator and coach working with organizations, groups and individuals in topics related to positive behavior change, effective communication skills, mindfulness, compassion fatigue and motivational interviewing (member of MINT).

Click here to learn more!

COVID-19 and Diabetes

Want to learn more about the connection between COVID-19 and Diabetes?

This narrated PowerPoint presentation, available online, provides introductory information about the relation between COVID-19 and Diabetes and how to protect and prepare patients should they become ill.

Learning Objectives:

- Describe why diabetes poses an increased risk for illness with COVID-19
- List ways to protect and prepare patients with diabetes should they get sick
- State importance of monitoring and treating acute complications
- Describe how to boost the immune system with nutrition
- Explain how to reduce the chance of severe illness

Presented by: Della B. Flanagan, RDN, CDCES, MEd, BC-ADM, LD

Click here to learn more!

Community Health Workers: A Patient Centered Model of Care

Want to learn more about CHW's?

This narrated PowerPoint presentation, available online, provides introductory information about what CHW's do, the elements of collaboration, and more!

Learning Objectives:

- Describe history of CHW movement
- Examine CHW core competencies and skills
- Discuss the Interprofessional Collaboration Framework
- Review payment models
- Reflect on the roles CHWs play to improve the community's health

Presented by: Paula Smith, MBA, EdD

Click here to learn more!

Trauma Informed Care
Online Module

Faculty

Jen Stout, LICSW, MLADC, The Doorway in Dover

Continuing Education

Nursing
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours Activity Number: 1251

Physicians
The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals
1.0 professional hours of continuing education.

Learn how to incorporate trauma-informed care as a strengths-based approach to caring for your patients and clients. Trauma informed care incorporates a person-centered approach to working with people that incorporates the biological, neurological, psychological and social impact of trauma on an individual.

Learning Objectives

After this session, participants will be able to:

- Describe basics of brain function and development
- Discuss components of Trauma Informed Care
- Apply strategies to address challenging behaviors

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

Click here to access the module!

Southern New Hampshire Area Health Education Center
A Public Health Training Center

Telehealth Lay of the Land: Uses and Practices Online Module

The Northeast Telehealth Resource Center (NETRC) and the SNHAHEC are pleased to offer this collaborative professional development opportunity in the innovative and rapidly advancing area of telehealth. This presentation will be given by the NETRC and aims to give attendees a "starter kit" of knowledge to take back to their organizations and apply to their practice.

Learning Objectives

After this session, participants will be able to:

- Discuss common uses and best practices of telehealth
- Review recent events in telehealth
- Describe clinical considerations for utilizing telehealth in practice

Target Audience

Nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

To access the module, click here!

Continuing Education

Nursing

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 contact hours Activity Number: 1333

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.5 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals

1.5 professional hours of continuing education.

NORTHEAST TELEHEALTH RESOURCE CENTER

AHEC Southern New Hampshire Area Health Education Center
A Public Health Training Center

Enhancing Provider Skills in Serving People who Actively Use Substances

Free Online Module

Click here to watch!

Target Audience

All members of the practice team including physicians, nurse practitioners, physician assistants, nurses, medical assistants and patient service representatives.

Continuing Education

Nurses

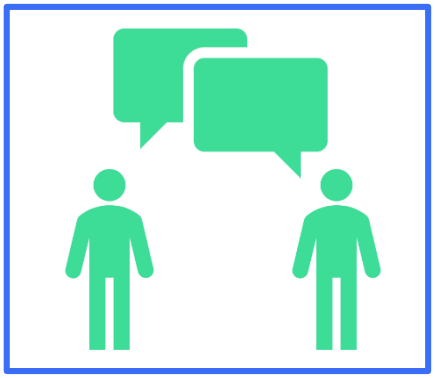
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Activity Number: 1340

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 0.5 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 0.5 professional hours of continuing education.

Health care providers have opportunities to engage and support clients who use drugs in setting and attaining health related goals. This session will engage attendees in collaborative learning, conversation, and case discussion to identify opportunities to engage clients in setting goals.



This one-hour module will focus on provider acceptance of 'where a person is at' as a precursor to supporting client-driven goal setting. Cases shared within this session will highlight exemplars of engaged approaches as well as opportunities for improvement.

Evidence related to harm reduction approaches and goal setting will be discussed and harm reduction best practices, evidence, and current local and national resources will be provided.

Participants will consider how goal attainment can be supported with syringe service programs, overdose prevention and treatment, medications prescribed to mitigate withdrawal symptoms, and referrals across health care and community services including peer recovery supports.

Learning Objectives

After this session, participants will be able to:

- Relate the concepts of humility and curiosity to learn about substance use disorders as precursors to have supportive and pragmatic conversations with clients.
- Identify opportunities in varied practice settings to engage clients who use drugs in setting and achieving goals.
- Conduct collaborative goal setting for overdose and infection prevention with people who use drugs to augment substance disorder screening, treatment, referral, and recovery.
- Apply harm reduction principles to supporting patient experience drug withdrawal symptoms.

Learning Outcome

Participants will report a change in practice 6 months after the educational intervention.

NHHRC NH Harm Reduction Coalition

AHEC Southern New Hampshire Area Health Education Center A Public Health Training Center

Responsive Practice

Providing Health Care & Screenings to Individuals with Disabilities

The ***Responsive Practice*** training is online, on-demand, free for a limited time, and eligible for continuing education & continuing medical education credits. *Responsive Practice* enhances health care providers' ability to deliver culturally competent, accessible care to people with intellectual, mobility, and other disabilities. Learning objectives:

- Describe disparities in health experienced by people with disabilities compared to people without disabilities;
- Recognize barriers to accessing health care & preventive services; and
- Acquire strategies & approaches to provide disability-competent, responsive care.

Nurses

Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours. Activity Number: 1226

Physicians

Southern NH AHEC, accredited by the NH Medical Society, designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DPH
NH Disability & Public Health Project

Register for the training at

www.ResponsivePractice.org

@nhdph

@IOD.DPH

Enhancing Provider Skills in Serving People who Actively Use Substances

Scheduling

This program can be offered at a day and time that best suits your organization. Contact Nitanga Jean De Dieu, Nitanga@snhahec.org, to schedule a program.

Target Audience

All members of the practice team including physicians, nurse practitioners, physician assistants, nurses, medical assistants and patient service representatives.

Faculty

Kerry Nolte, PhD, FNP-C

Continuing Education

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours.
Activity Number: 1250

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For all other health professionals: 1.0 hours

Health care providers have opportunities to engage and support clients who use drugs in setting and attaining health related goals. This session will engage attendees in collaborative learning, conversation, and case discussion to identify opportunities to engage clients in setting goals.

This one-hour session will first focus on provider acceptance of 'where a person is at' as a precursor to supporting client driven goal setting. Cases shared within this session will highlight exemplars of engaged approaches as well as opportunities for improvement.

Evidence related to harm reduction approaches and goal setting will be discussed and harm reduction best practices, evidence, and current local and national resources will be provided.

Participants will consider how goal attainment can be supported with syringe service programs, overdose prevention and treatment, medications prescribed to mitigate withdrawal symptoms, and referrals across health care and community services including peer recovery supports.

Learning Objectives

After this session, participants will be able to:

- Relate the concepts of humility and curiosity to learn about substance use disorders as precursors to have supportive and pragmatic conversations with clients.
- Identify opportunities in varied practice settings to engage clients who use drugs in setting and achieving goals
- Conduct collaborative goal setting for overdose and infection prevention with people who use drugs to augment substance disorder screening, treatment, referral, and recovery.
- Apply harm reduction principles to supporting patient experience drug withdrawal symptoms.

Learning Outcome

Participants will report a change in practice 6 months after the educational intervention

AHEC Southern New Hampshire Area Health Education Center
A Public Health Training Center

Stanford's Chronic Disease Self-Management Program: Better Choices, Better Health

Do you have patients with a chronic disease? Are you looking for resources to help them take better care of themselves?

The NH CDSMP Network is offering Stanford's Chronic Disease Self-Management Program: Better Choices, Better Health as a resource to providers and residents of New Hampshire. The program gives patients with chronic diseases and the people who care for them an opportunity to learn how to put life back into their lives.

As a series of workshops:
Classes are offered in community centers across NH. Upcoming trainings can be found at SNHAHEC, under the "BCBH" tab

"Lunch" and Learn
An introductory one-hour session can be brought to your practice by SNHAHEC to help your staff understand what can be done to help patients with chronic diseases manage their lives.

For more information please contact
Brianna Ferraro at
bferraro@snhahec.org
603-895-1514x2