Southern NH Area Health Education Center Blitzmail
June 2023

Featured Online Modules

• **Interprofessional Collaboration**, Dayle Sharp, PhD, DNP, McPH, FNP-BC, APRN

• **Addressing Vaccine Hesitancy**-Ardis Olson, MD, Kim Bernard, MSN, RN, Elizabeth Talbot, MD, Suzanne Allison, RN, BSN

• **Resilience & Thriving: The Secret Power of Stress**-Maria Reyes, BA, CADC

Please visit snhahec.org for other online learning opportunities. These are just some of the many modules we have available. Stay safe and healthy!
SOUTHERN NH AHEC PRESENTS

A CHWs LEARN EVENT

What do CHWs need to know about Climate Change?

WHO
This workshop is for community health workers, nurses and other similar roles: patient navigators, peer support workers, outreach workers, care coordinators, etc.

PRESENTED BY
Paul Friedrichs, MD
NH Health Care Workers for Climate Action

WHAT
What do CHWs need to know about the health effects of climate change to better serve your patients and clients? Join us to learn more about how climate change affects social determinants of health.

WHEN
Thursday June 15, 2023
12:00-1:00pm

WHERE
Virtual via Zoom

CLICK HERE TO REGISTER TODAY

Register Now!

Southern New Hampshire Area Health Education Center

This project was financed under a Contract with the State of New Hampshire, Department of Health and Human Services, with funds supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award by CDC/HHS “NH Initiative to address COVID-19 Health Disparities grant #NH750T000031”. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.”
COMMUNITY HEALTH WORKER SUMMIT 2023

Join us IN-PERSON | Tuesday June 13th, 2023 | 8:30 am–3:30 pm | Grappone Conference Center, Concord, NH

An Interactive CHW Panel Discussion, updates on national CHW Initiatives, self-care workshops, home visit safety, networking, and more!

REGISTRATION TODAY >>> https://nchcnh.info/EmergingStronger-CHW2023


CHW & STAKEHOLDER AWARDS: Do you know someone who deserves to be recognized as the NH CHW or Stakeholder of the Year? Submit a nomination for them at https://www.surveymonkey.com/r/NominateAoE

WHO SHOULD ATTEND? Community Health Workers (CHWs) and similar roles, employers, policy makers, other CHW Allies, and YOU!

WE CAN’T WAIT TO SEE YOU IN PERSON! Attendance is limited. Register TODAY!

COST: CHWs $35 CHW Allies $85

Fee includes breakfast, lunch, and an interactive day of celebrating CHWs!

VENDOR TABLES AVAILABLE >>> https://nchcnh.info/CHW2023-vendor

Supported by: CHWsNH, DHHS, AHC, North Country Health Consortium

This document and event are being financed under a contract with the State of New Hampshire, Department of Health and Human Services, with funds supported by the Centers of Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award by CDC/HHS “NH Initiative to address COVID-19 Health Disparities grant #NH7507000031”. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.
Provider Education on Lupus:
Building connections, improving diagnosis and treatment

Tuesday, July 11th 2023
6:00 – 7:30 PM

Hybrid Session:

Join us!

- Live at North Country Healthcare: 8 Clover Lane, Whitefield; or
- Virtually via Zoom

Register Today
https://nchnh.info/LupusEducation-PCPs

Free CMEs, light refreshments, opportunity to network, and learn about resources at Dartmouth Health!

Speakers:

Stephanie Mathew, DO, FACP
Rheumatologist, Dartmouth Health

Kelsey Blood, RN, MSN
Clinical Education Manager, North Country Healthcare, person with lived Lupus experience

Participants will ....
Learn how to identify signs and symptoms of lupus and what to do if lupus is suspected

Physician: The North Country Health Consortium/NNH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. The North Country Health Consortium/NNH AHEC designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing: North Country Health Consortium/NNH AHEC is approved as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity was approved for 1.5 Nursing Contact Hour(s). Activity #560
This training delivers learning modules that address,
• Overview of Epilepsy & Seizures
• Treatment Considerations in Epilepsy
• Seizure First Aid
• Comorbidities in Epilepsy
• Lifestyle Management
• Self-Management Programs
• Case Studies in Epilepsy

Target Audience: Nurses, NPs, nurse educators, CHW’s, social workers, counselors, PCPs, psychologists, PAs, neurologists

To register: https://www.eventbrite.com/e/epilepsy-self-management-virtual-training-tickets-492756918207
Learning Objectives:

1. Describe seizures, epilepsy and 3 ways epilepsy may be treated
2. Discuss physical, mental and psychosocial challenges associated with living with epilepsy
3. Discover how to assist people with epilepsy control their seizures, prevent injuries, make healthy lifestyle choices, and improve quality of life
4. Identify 3 common comorbidities in epilepsy
5. Increase knowledge and confidence in their ability to provide seizure first-aid
6. Develop confidence in their ability to provide epilepsy management support
7. Explain the benefits of epilepsy self-management and at least 2 pathways for referral to a self-management program
8. List the resources and types of assistance available to people living with epilepsy

Learning Outcome: Participants will report a change in practice related to treating epilepsy.

Continuing Education:

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. 3.75 contact hours. Activity Number: 1343

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and the HOBSCOTCH Institute at the Dartmouth-Hitchcock Epilepsy Center. The Southern NH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 3.75 AMA PRA category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been approved for 3.5 Category A Continuing Education Credits by the National Association of Social Workers, NH Chapter. CEU #3749

For other professionals: 3.75 professional hours of continuing education.
We want to ensure that everyone has equal opportunity to thrive. The Culturally Effective Organizations Framework offers an effective approach to turn our goals into broader success. This ongoing series offers an opportunity for deeper exploration of dimensions of each of the Framework elements.

**BUILDING THE EQUITY TOOLBOX:**
**A Culturally Effective Organizations Training Series**

*Offered at low cost—Scholarships available*

**August 11, 1-2:30 pm**
**Building Equity Through Facilitation, Part 1**

In part 1 we will explore why equity matters in meetings, and how do power dynamics, expectations and the desire for traditional outcomes influence the ability to be equitable.

*Learning Objectives:*  
- Describe equitable facilitation.  
- Name some tools we can use for facilitating our meetings equitably.

**August 18, 1-2:30 pm**
**Building Equity Through Facilitation, Part 2**

Part 2 will build on part 1, continuing with an exploration of how to facilitate difficult discussions like those related to equity. We will also explore practical skills for facilitating equitably, including managing power dynamics, expectations and outcomes, and engagement/participation.

*Learning Objectives:*  
- Describe the value of non-traditional outcomes such as relationship building  
- Describe the elements of equitable engagement/participation and supportive facilitation.

**September 13, 1-2:30 pm**
**Operationalizing Equity: The Culturally Effective Organizations Framework**

An introduction to the roadmap for providing high quality care, programs and services for all, foundational on the path to equity.

We encourage participation in the whole series; registration for individual sessions is available.

See below for Continuing Education

**Click the links Below to Register!**
- Building Equity Through Facilitation Series  
- Operationalizing Equity

VISIT the Culturally Effective Organizations Work Group webpage to learn more!  
For questions, please contact Brianna Ferraro, bferraro@snhahec.org
BUILDING THE EQUITY TOOLBOX: A Culturally Effective Organizations Training Series

Continuing Education

• Nurses
  Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
  Up to 4.5 contact hours. Activity Number: 1481 (1.5 contact hours each)

• Physicians
  The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

• Social Workers
  Up to 4.5 CEUs pending approval from NASW NH.

• For all other health professionals: 4.5 hours

• For all other participants
  A certificate of attendance for up to 4.5 hours will be available to serve your professional development needs.

Click the Links Below to Register!

Building Equity Through Facilitation Series
Operationalizing Equity

New Hampshire Equity Collective

Southern New Hampshire Area Health Education Center
Mindful leadership is crucial to navigate these complex and chaotic times.

Becoming a mindful leader requires developing self-awareness and cultivating self-regulation skills, understanding others’ perspectives, communicating effectively, and inspiring others.

Participants in the Mindful Leadership series program will harness the power of mindfulness to enhance their personal power and leverage proven leadership principles to find increased balance, clarity, focus, compassion, and creativity in the workplace.

The Mindful Leadership series consists of 5 modules that involve practice activities, homework, and feedback. **Attending all 5 modules is required.**

**Target Audience**
School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

**Cost: $45.00 per person**

[Click here](#) to Register!

Space is limited. The use of video and audio and attendance to all sessions is **required** in order to receive credit.

For questions please contact:
Brianna Ferraro @ bferraro@snhahec.org

**Faculty:** Lisa Stockwell, MEd ~ It’s Your Journey, LLC, Consulting & Training

**Mindful Leadership Series**
October 4, 11, 18, 25, November 1, 2023
9:15-11:15am
Live Webinar via Zoom
Mindful Leadership Series
October 4, 11, 18, 25, November 1, 2023
9:15-11:15am
Live Webinar via Zoom

Learning Objectives
After this session, participants will be able to:
• Discuss how stress impacts decisions and communication skills
• Identify methods that reduce stress and increase focus
• Review communication styles and active listening
• Explain the 4 cycles in Appreciative Inquiry
• Identify the strengths of the organization and its staff
• Define Motivational Interviewing (MI) and the important foundational concepts around behavior change
• Review the core skills used in MI and practice using them
• Describe how to give and receive negative and positive feedback-EPE
• Identify realistic goals and next steps

Continuing Education
Nurses
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

10 contact hours. Activity Number: 1490

Physicians
The Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 10 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Click here to Register!
Northeast Integrative Medicine Conference

October 6, 2023 - Hooksett, NH
Southern New Hampshire University Hospitality Center

Expert Speaker Panel
Discover Modern Research
Progressive Holistic Modalities
Refreshments & Lunch

SPONSORED BY: Mindful Healing Matters, LLC, in partnership with Juniper Spiritual Healing, LLC

The 2023 Northeast Integrative Medicine Conference brings together nurses, physicians, researchers, experts and authors for an exciting day of exploration into leading-edge integrative health topics.

Expert Speaker Panel:

8:30-9:15am - Attendee Registration & Welcome

9:15-10:15am - Lisa Kardos, Occupational Therapist
Compassion Fatigue Prevention

10:15-10:50am - Alisa Hurwitz, Psychologist, Pediatric & Adolescent Transgender Program
Gender-Affirming Healthcare: Tools for Mitigating Marginalization in Healthcare Encounters

11:00-12:00pm - The Articine Group: Robin Marcotte, Dr.Robert Kelly, Amanda Whitworth
Shadows Production

12:00-12:30pm - Refreshments & Lunch

12:40-1:30pm - Randy Stevens, The Mental Health Center of Greater Manchester
Mindfulness for Incarcerated Populations

1:40-2:15pm - Kelly A. Laflamme, MPA, Peer Associates LLC
Grant Writing Fundamentals

3:30-4:15pm - Emily Higgins MSN, RN, ONC
Kortney Soucy, Director of Patient and Family Services
Co-Chairs of the Concord Hospital Holistic Healing Committee
Integrating Holistic & Complementary Treatments into the Health Care Setting

October 6, 2023
8:00am - 5:00pm

Cost To Attend: $275
Hospitality Center, Salons A&B
2500 North River Road
Hooksett, NH 03106
Refreshments & Lunch
The 2023 Northeast Integrative Medicine Conference brings together nurses, physicians, researchers, experts and authors for an exciting day of exploration into leading-edge integrative health topics.

Continuing Education:

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

6.25 Contact Hours Activity Number: 1525

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and Mindful Healing Matters, LLC. The Southern NH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 6.25 AMA PRA category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

6.25 CEUs pending approval from NASW NH. The LADC Application for continuing education is pending approval. For other professionals: 6.25 professional hours of continuing education.

REGISTER: https://www.eventbrite.com/e/northeast-integrative-medicine-conference-tickets-507750213557
Lawrence Raisz Memorial
New England Bone Club 2023

October 26-27, 2023
Portsmouth, NH

A multidisciplinary conference for all involved in the care of patients with bone and mineral disorders

Showcase your success story, present a challenging case with questions to the audience, or share your findings on a research project!

Join us for an exciting program and hear:
• Recent developments and cutting-edge research
• Guidance on challenging cases
• Clinical updates on rare bone and mineral disorders

Hotel Accommodations
A limited number of rooms for Thursday evening, 10/26 have been reserved at a discounted rate of $239. Register by September 26th to avail this discount. Click here.

Early Bird Rate: $150.00
$35.00 for fellows, trainees and students (email Brianna at bferraro@snhahec.org to register)
Free for all speakers and case presenters.

Register now*! A detailed brochure coming soon.

Submit your case abstract by August 31, 2023 to: Brianna Ferraro, Program Manager bferraro@snhahec.org

A Program of
• Maine Medical Center Research Institute • Southern NH Area Health Education Center • Exeter Hospital
Thursday 10/26/23

1:00-1:30* Registration / Tapas
1:40-1:45 Opening Remarks
1:45-2:15 Case # 1: TBD
2:15-2:45 Case # 2: TBD
2:45-3:00 Break and Exhibits
3:00-4:00 Keynote
4:00-4:45 Case # 3: TBD
4:45-5:30 Cocktail Reception (sponsored by Ascendis)
5:30-7:00 Dinner (sponsored by Ascendis; non-CME session; no cost!)

*Please note the new start time!

Friday 10/27/23

7:00-7:30 Registration & Breakfast
7:30-8:30 Breakfast Session (sponsored by Alexion; non-CME session)
8:30-9:00 Case #4: TBD
9:00-9:30 Case #5: TBD
9:30-9:45 Break and Exhibits
9:45-10:45 Keynote:
10:45 -11:30 Case #6: TBD
11:30 -12:00 Case #7: TBD
12:00** Wrap Up

**Snacks will be available
THE SCIENCE OF HEALTH AND NURSING CAMP

INTERACT WITH MANNEQUINS IN A SIMULATION LAB, GET CERTIFIED IN CPR, AND LEARN MORE ABOUT NURSING AND HUMAN ANATOMY.

Week of July 24th Monday-Friday
9am-12pm

Arlington Street Community Center
Grades 8th-10th

Transportation will be provided

CLICK THE LINK TO FILL OUT THE APPLICATION OR SCAN THE QR CODE

HTTPS://FORMS.GLE/AXQVEZDIU9PMSC1YA

FOR MORE INFORMATION PLEASE CONTACT JODI HARPER AT JHARPER@SNHAHEC.ORG OR BY CALLING 603-397-7217
Curriculum Resource Database

A database of resources for educators to teach grades K-12 about science, health, and professions.

Increasing the available resources for educators when creating lesson plans in

• Science
• Health
• Professions

Interested in gaining access to SNHAHEC/SPI Workforce Curriculum Resource Database?

Fill out the form below or scan the QR code to join the email list for access.
https://forms.gle/ZXcsXMd5qWNRs3Da8
Health Professions Speakers Bureau

Are you interested in sharing your career journey with students who may be interested in a health career?

Do you have content expertise you want to present on science and/or health related topics?

Join the Health Professions Speakers Bureau so K-12 school representatives can invite you to share your story!

JOIN THE BUREAU NOW
https://forms.gle/bQXiub3wF2qviv8r46
CHW ADVANCE!

Start your career pathway to becoming a Community Health Worker (CHW). Resources for Training and Support provided through a partnership of North Country Health Consortium, Southern NH AHEC and Southern Vermont AHEC.

Who is Eligible?

CHW ADVANCE! is for new community health workers who are interested in receiving training and building competencies to be successful working in the community with under-resourced populations. Participants must be a US Citizen or Permanent Resident.

Why Should I Enroll?

Participants in CHW ADVANCE! Will receive the following benefits:

• $1200 scholarship to attend NH or VT based CHW training that highlights CHW Core Competencies and public health concepts.
• $2550 stipend
• 8 weeks (250-320 hours) on the job training (OJT) to build skills and gain experience.
• Mentoring Support

How do I learn more?

https://www.snhahec.org/chw-advance.html/

To Apply:

Click Here to Apply!

www.svtahec.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under CHW Training Program HRSA-22-124, $3m. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
What do I need to know before I enroll?

Payments

• Tuition Payments will be made directly to the training partner.
• $2550 stipends can be used for things that will help you be successful in the course and on the job training. You can use the stipend for transportation costs, childcare, or other needs that will support your participation.
• Stipend payments will be made to you over time. We will ask you to fill out a W9 form, so we are able to pay you. The first payment will be made after attendance at the first class. The second payment will be made at course graduation and the final payment will be made upon completion of reporting requirements.
• You will receive a 1099 tax form for the stipend amount. You will be responsible for any taxes.
• Let us know if you think the stipend may affect your eligibility for public benefits.

Reporting

• During their on-the-job training, CHWs will report the number of patients or clients they interact with, as well as the number of referrals, and the number of hours dedicated to patient or client interaction.
• CHWs will be asked to complete a short survey one year after program completion.

Email information@snhahec.org with questions.
We consider a preceptor as a person engaged in a formal relationship with an academic organization to provide clinical or public health experiences to an enrolled student. We understand that not all health professions disciplines use this term and may use others such as clinical supervisor, clinical mentor, experiential teacher, etc.

The NH Area Health Education Center (AHEC) Network is excited to announce the 2023 Preceptor Recognition Award and nomination process! This newly developed recognition award is a way for the NH AHEC Network and its partners to honor and celebrate the dedication, unwavering commitment and immense benefit that mentors and preceptors bring to our future health care workforce in NH!!

Call to Action!
Do you know a preceptor in New Hampshire who deserves recognition?

Use the QR Code or Link above to nominate them today!

https://www.surveymonkey.com/r/R37NQKH

We invite you and your colleagues to nominate those exceptional folks in your organization and community that mentor and precept students in a variety of health care fields. Help us celebrate their stories of commitment, resiliency, wisdom, and professionalism that shape our future health care workforce!
**NH Area Health Education Center Preceptor Recognition Awards**

**Nomination timeline:**
May 4th, 2023 through June 30th, 2023

**Recognition:**

The NH AHEC Network will showcase our health care stars widely across our health care networks through local media channels and in a shared electronic eBook distributed to a variety of professional and health care associations, organizations and social media throughout NH.

**Recognition process:**

A volunteer board and staff at the NH AHEC Network will review the nominations and announce winners in the different categories across NH.

**About Us:**

The NH AHEC Network is a partnership between The Dartmouth Institute for Health Policy and Clinical Practice and the northern and southern regional AHECs. With a longstanding statewide network celebrating 25 years of commitment to NH’s health care improvement, we work to improve health care and access to health care, particularly in rural and underserved areas.

To learn more about NH AHEC, please visit https://tdi.dartmouth.edu/education/professional-education/new-hampshire-area-health-education-center-ahec

**Selection process:**

The NH AHEC Network welcomes nominations from a variety of nonclinical and clinical mentors and preceptors from health and human service organizations across the state of New Hampshire.

To nominate someone, please follow the provided QR code or link and answer the questions. You are able to nominate more than one person; please complete a separate nomination application for each person you are nominating.

[https://www.surveymonkey.com/r/R37NQKH](https://www.surveymonkey.com/r/R37NQKH)
This training will prepare you to hold a 6 week remote or in-person workshop series to provide the Chronic Disease Self-Management program, known as Better Choices, Better Health. It is a great opportunity to join a supported network of other NH leaders offering this program throughout NH.

Who should attend the Leader Training?

• Do you have a chronic disease or are you a caregiver of someone with a chronic disease? You do not need to be a health professional to lead the workshops—fact, Stanford recommends that leaders be individuals living with a chronic condition or a caregiver for someone with a chronic condition.

• Do you have a co-leader? “Better Choices, Better Health” workshops are held in the community or virtual/remote and are led by two trained leaders. It is beneficial to partner with an already trained leader or to attend with the leader training with a partner if possible. If you need a co-leader, let us know and we will try to help!

• Can you commit to offering at least one 6-week program within one year, preferably within three months of being trained? It is really helpful to lead a training soon after to solidify your learning. Many communities find that offering 2 or 3 trainings per year is a great way to keep the program sustainable through word-of-mouth.

For more information on the Chronic Disease Self-Management Program (CDSMP), please refer to https://www.selfmanagementresource.com/programs/small-group/chronic-disease-self-management/

This leader training is grant funded and, therefore, there is no cost to attend the training itself for NH residents (usually $450-$500). You will also receive a Leader manual, a participant book, and a participant CD at no charge.

*By completing this training, you will be able to offer CDSMP workshops AND will position yourself to be eligible to take Crossover Trainings such as Chronic Pain and/or Diabetes Self-Management.

How do I apply? Please click here to register online. Contact Brianna Ferraro at bferraro@snhahec.org with questions.
64-hour Health Care Community Interpretation Training, Online/via Zoom

Dates: October 3–Dec 14, 2023
Time: 6:00 pm – 9:00 pm
On Tuesdays & Thursdays

For more info. email: sosorio@snhahec.org – fgdinu@snhahec.org

This is a comprehensive 64-hour program that teaches interpreters to work in the community, social services, education, and healthcare, and it satisfies regional customer requirements for training interpreters providing services to state agencies and hospitals. This is a nationally known course taught in many states and is also accepted for medical certification processes for National Accreditation.

Tuition cost for this training is $900. **NH students interested in applying for a partial scholarship please check here _____.** Registration fee, mandatory language proficiency screening (in English and target language), the manual and exercises/role-plays are included in this amount. Students must have a computer with camera to participate in Zoom classes. **Complete attendance is required.**

Individuals interested in this training must complete the form below, and include a nonrefundable registration fee of $100 check/money order made out to SNHAHEC and **Mail and scan/email** it to: Sandra Osorio, Southern New Hampshire Area Health Education Center, 128 State Route 27, Raymond NH 03077, Any buyer may cancel this transaction any time prior to midnight of the third business day after the date of the transaction. After that the registration fee and tuition cost is non-refundable.

**HC-CIT REGISTRATION**

NAME_____________________________HOME PHONE______________________OTHER PH. _____________

ADDRESS: ________________________TOWN________________________STATE/ZIP _________________

EMAIL___________________PLACE OF BIRTH______________________NATIVE LANGUAGE ______________

OTHER LNG’(S) SPOKEN______________________________HIGHEST EDU. COMPLETED______________

Today’s date___________ HOW DID YOU FIND OUT ABOUT THIS TRAINING?  **Please check:**

*SNHAHEC website  ____ *Received email ____ *Other (please specify name): __________________________
Join us in celebrating NH AHEC’s 25th Anniversary!

Your Health New Hampshire

We are thrilled to announce the launch of Your Health New Hampshire, the Southern NH Area Health Education Center’s new radio show that debuted on Monday, February 6 at 9:00am! Please visit the NH Talk Show Radio website to listen to our episodes!

https://www.nhtalkradio.com/?page_id=18912
Southern NH AHEC is committed to supporting health professionals, organizations and communities to be more culturally effective. For more than twenty years we have provided training opportunities that contribute to enhancing the communication skills of health professionals and diversifying the health care workforce.

**Click here** to check out the Center for Cultural Effectiveness on our new website!

**Resources:**

**Click here** for the Diversity, Equity, and Inclusion (DEI) Organizational Assessment Tools: A Resource Guide.
Statewide Healthcare Sector Partnerships Initiative Data Project: Phase II

May 2023

Click Here to Read the Full Report
Did you know?

NH Needs Caregivers is a grant funded program to recruit and train 525 licensed nursing assistants (LNAs) to work in a healthcare setting in NH. The program, funded through May 31, 2023, is managed by Lamprey Healthcare/Southern NH Area Health Education Center (SNHAHEC). The program assists individuals interested in becoming LNAs to find training, funding for training, and employment in a participating facility or organization. Additionally, the NHNC Program Director connects participating facilities and organizations with participants interested in employment.

For those interested in learning more about the NH Needs Caregivers! initiative, please visit www.nhneedscaregivers.org.

Check out this recent article about Kearsarge High School students completing the LNA Program thanks to the Governor’s Office as well as N.H. Needs Caregivers Healthcare Heroes: https://jgpr.net/2023/02/10/kearsarge-regional-high-school-students-graduate-from-licensed-nursing-assistant-program/
Check out this report that highlights the challenges between needing to increase the healthcare workforce and the limited availability of placement sites for health professional students, specifically in NH. The New Hampshire Area Health Education Centers conducted interviews with both placement sites and academic institutions to help generate recommendations to resolve issues with the placement system in NH. The findings of these interviews are also included in this report.

Check Out These New Online Modules!

**Acute Pain Management in Individuals with Substance Use Disorder**
Kathleen Broglio, DNP, ANP-BC, ACHPN, CPE, FPCN, FAANP

**Addiction as a Chronic Disease**
Sarah Baker, MS, LCDP, LMHC

**De-Escalation of the Overamped Patient**
Justin Alves, RN, MSN, ACRN, CARN, CNE

**Management of Stimulant Use Disorders**
Justin Alves, RN, MSN, ACRN, CARN, CNE

**Multidisciplinary Approach to SUD, MH and Care Coordination**
Megan Detweiler, BSN, RN, CARN

**Our Actions Have Impact: The Importance of Stigma Reduction**
Rowan McFadden, LADC, PPS

**Recognizing, Preventing and Addressing Institutional and Community Stigma towards Substance Use Disorders**
Peter Jackson, MD

**Recovery Maintenance: Hospital Role in Supporting Individuals in Recovery**
Corey Gately, MLADC & Daisy M. Pierce, PhD

**Screening Best Practices**
Sarah Baker, MS, LCDP, LMHC

**Strategic Communications: Strengthening Our Connections in the Community**
Brenda Westberry, MS, CJP
Learning Objectives:
• Identify different types of ticks and the prevalence of tick borne illness in NH
• Discuss strategies for testing and diagnosis of tick-borne illness
• Describe treatment options for tick borne disease
• Address prevention strategies to share with patients

Faculty:
Dr. Apara Dave is an Infectious Disease specialist with CORE Physicians in Exeter, NH. Dr. Dave is board certified in Internal Medicine & Infectious Disease. She is also the medical director for the Seacoast Travel Clinic.

To view the module, click here: https://www.snhahec.org/strategies-for-preventing-and-managing-tickborne-illness.html

Nurses
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

1.0 contact hours. Activity Number: 1382

Physicians
The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Recognizing and Responding to Human Trafficking in a Healthcare Context

Learning Objectives
After this session, participants will be able to:
- Discuss the dynamics of human trafficking and the scope of the issue in NH
- Identify indicators of human trafficking
- Describe best practices for responding and reporting

Target Audience
School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

Click here to view the module.
Learning Objectives
After this session, participants will be able to:

- Describe vaccine hesitancy and underlying factors
- Recall at least three practices clinicians can use to build confidence in vaccines among patients
- Apply lessons learned to COVID, early childhood, and adolescent vaccinations.
- Identify at least one action they can take to support a culture of vaccine confidence in their practice setting

Learning Outcome: Participants will report a change in practice related to communicating about vaccines.

Target Audience
School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, behavioral health and public health professionals.

Click here to view the module.
Preceptor Development Modules
A series of educational modules for community based clinical teachers

Dealing With the Difficult Learning Situation: Prevention
Narrated by: Elizabeth Harrison, BSN, MSN,FNP-BC

Dealing With the Difficult Learning Situation: Management
Narrated by: Elizabeth Harrison, BSN, MSN,FNP-BC

The Effective Preceptor
Narrated by: Justine Nims-Largy, APRN
https://www.snhahec.org/preceptor-development-effective-preceptor.html

Evaluation: Making it Work
Narrated by: Kim O’Mahoney, APRN, FNP-BC
https://www.snhahec.org/preceptor-development-evaluation-making-it-work.html

Feedback
Narrated by: Ruth James, MD, MPH
https://www.snhahec.org/preceptor-development-feedback.html

Integrating the Learner Into the Busy Practice
Narrated by: Rajae Raji, APRN

Interprofessional Collaboration
Narrated by: Dayle Sharp, PhD, DNP, M’PH, FNP-BC, APRN
https://www.snhahec.org/preceptor-development-interprofessional-collaboration.html

Learner Engagement in Community Rotations
Narrated by: Paula Smith, MBA, EdD

The One-Minute Preceptor
Narrated by: Jonathan Gott, PA-C

Setting Expectations
Narrated by: Ruth James, MD, MPH
https://www.snhahec.org/preceptor-development-setting-expectations.html
Resilience & Thriving: The Secret Power of Stress

Want to learn more about Resiliency?

This narrated PowerPoint presentation, available online, provides introductory information about resiliency, the warning signs of stress, and more!

Learning Objectives:

• Apply the tools of Resilience and Thriving through self-examination of events in personal and professional lives
• Evaluate the broader aspects of stress and how you can reframe stressors to strengthen the ability to flourish under challenging circumstances
• Recognize early warning signs and utilizing the core tools of the positive coping cycle
• Discuss pandemic takeaways

Presented by: Maria Reyes, BA, CADC

Click here to learn more!
Motivational Interviewing

Want to learn more about Motivational Interviewing?

This narrated PowerPoint presentation, available online, provides introductory information about what Motivational Interviewing is, the elements that make up the mindset of MI, and more!

Learning Objectives:
• Describe the four elements of the mindset/spirit of MI
• Explain the four processes that guide MI conversations
• Describe 1 example of the core interviewing skills of MI
• Describe how to effectively provide information and suggestions

Presented by: Lisa Stockwell, MEd

Experienced trainer, educator and coach working with organizations, groups and individuals in topics related to positive behavior change, effective communication skills, mindfulness, compassion fatigue and motivational interviewing (member of MINT).

Click here to learn more!
Want to learn more about the connection between COVID-19 and Diabetes?

This narrated PowerPoint presentation, available online, provides introductory information about the relation between COVID-19 and Diabetes and how to protect and prepare patients should they become ill.

Learning Objectives:
• Describe why diabetes poses an increased risk for illness with COVID-19
• List ways to protect and prepare patients with diabetes should they get sick
• State importance of monitoring and treating acute complications
• Describe how to boost the immune system with nutrition
• Explain how to reduce the chance of severe illness

Presented by: Della B. Flanagan, RDN, CDCES, MEd, BC-ADM, LD

Click here to learn more!
Trauma Informed Care
Online Module

Faculty
Jen Stout, LICSW, MLADC, The Doorway in Dover

Continuing Education
Nursing
Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

1.0 contact hours Activity Number: 1251

Physicians
The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals
1.0 professional hours of continuing education.

Learn how to incorporate trauma-informed care as a strengths-based approach to caring for your patients and clients. Trauma informed care incorporates a person-centered approach to working with people that incorporates the biological, neurological, psychological and social impact of trauma on an individual.

Learning Objectives
After this session, participants will be able to:
- Describe basics of brain function and development
- Discuss components of Trauma Informed Care
- Apply strategies to address challenging behaviors

Target Audience
School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

Click here to access the module!
Health care providers have opportunities to engage and support clients who use drugs in setting and attaining health related goals. This session will engage attendees in collaborative learning, conversation, and case discussion to identify opportunities to engage clients in setting goals.

This one-hour module will focus on provider acceptance of ‘where a person is at’ as a precursor to supporting client-driven goal setting. Cases shared within this session will highlight exemplars of engaged approaches as well as opportunities for improvement.

Evidence related to harm reduction approaches and goal setting will be discussed and harm reduction best practices, evidence, and current local and national resources will be provided.

Participants will consider how goal attainment can be supported with syringe service programs, overdose prevention and treatment, medications prescribed to mitigate withdrawal symptoms, and referrals across health care and community services including peer recovery supports.

**Learning Objectives**

After this session, participants will be able to:

- Relate the concepts of humility and curiosity to learn about substance use disorders as precursors to have supportive and pragmatic conversations with clients.
- Identify opportunities in varied practice settings to engage clients who use drugs in setting and achieving goals.
- Conduct collaborative goal setting for overdose and infection prevention with people who use drugs to augment substance disorder screening, treatment, referral, and recovery.
- Apply harm reduction principles to supporting patient experience drug withdrawal symptoms.

**Learning Outcome**

Participants will report a change in practice 6 months after the educational intervention.
Health care providers have opportunities to engage and support clients who use drugs in setting and attaining health related goals. This session will engage attendees in collaborative learning, conversation, and case discussion to identify opportunities to engage clients in setting goals.

This one-hour session will first focus on provider acceptance of ‘where a person is at’ as a precursor to supporting client driven goal setting. Cases shared within this session will highlight exemplars of engaged approaches as well as opportunities for improvement.

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- Apply harm reduction principles to supporting patient experience drug withdrawal symptoms.

**Learning Outcome**

Participants will report a change in practice 6 months after the educational intervention
Stanford’s Chronic Disease Self-Management Program: Better Choices, Better Health

Do you have patients with a chronic disease? Are you looking for resources to help them take better care of themselves?

The NH CDSMP Network is offering Stanford’s Chronic Disease Self-Management Program: Better Choices, Better Health as a resource to providers and residents of New Hampshire. The program gives patients with chronic diseases and the people who care for them an opportunity to learn how to put life back into their lives.

As a series of workshops: Classes are offered in community centers across NH. Upcoming trainings can be found at SNHAHEC, under the “BCBH” tab.

“Lunch” and Learn An introductory one-hour session can be brought to your practice by SNHAHEC to help your staff understand what can be done to help patients with chronic diseases manage their lives.

For more information please contact Brianna Ferraro at bferraro@snhahec.org

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