



Southern NH Area Health Education Center

June
2022

Upcoming Conferences, Workshops,
and Programs

Given the state of the world, SNHAHEC has pivoted to live webinars and online learning. Please visit snhahec.org for other online learning opportunities. Here are just some of the many modules we have available. Stay safe and healthy!

- ***Interprofessional Collaboration***, Dayle Sharp, PhD, DNP, M^cPH, FNP-BC, APRN
- ***COVID-19 & Diabetes***: Della B. Flanagan, RDN, CDCES, MEd, BC-ADM, LD
- ***Addressing Vaccine Hesitancy***-Ardis Olson, MD, Kim Bernard, MSN, RN, Elizabeth Talbot, MD, Suzanne Allison, RN, BSN
- ***Resilience & Thriving: The Secret Power of Stress***-Maria Reyes, BA, CADC

Continuing Education

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

1.0 Contact Hours Activity Number: 1438

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

1.0 CEU pending approval from NASW NH.

For other professionals: 1.0 professional hours of continuing education.

Managing Dementia-Related Behaviors

Date: Tuesday, June 14, 2022

Time: 12:00 - 1:00pm

Faculty: Melissa Grenier, LCSW

Workshop Description:

Join us in this session to talk about the five most common triggers that impact behaviors associated with dementia. We will review non-pharmaceutical interventions for the treatment and management of dementia-related behaviors and discuss some strategies to address these common behaviors.

Cost: There is no fee to participate.

[Click Here](#) to Register!

Learning Objectives:

- Identify common triggers for behaviors associated with dementia
- Explain the process for assessing and identifying challenging behaviors
- List strategies to address common dementia-related behaviors

Learning Outcome: 75% of participants will self report a change in practice based on participating in this session

DATA FOR DECISION-MAKING:

The Cornerstone of Public Health Practice Webinar

Tuesday, June 21, 2022 ~ 11:00 am - 12:30 pm

SPEAKERS

- **Amy Costello**, MPH, Director, Center for Health Analytics, Institute for Health Policy and Practice, UNH
- **Al Lemay**, Business Systems Analyst, New Hampshire Division of Public Health Services
- **William Moir**, MPH, Chief, Health Statistics and Data Management Section, New Hampshire Division of Public Health Services
- **Jo Porter**, MPH, Director, Institute for Health Policy and Practice, UNH

REGISTER TODAY

<https://nhpha.memberclicks.net/events>

Session Description:

Reliable data is necessary for public health, in every aspect of practice. In this session, the presenters will talk about the variety of ways data are critical to public health and discuss some of the common data used in public health. The presenters will provide examples of resources available for public health professionals in NH.

Learning Objectives:

- Explore common public health data.
- Describe how to use data when making decisions.

Learning Outcome:

- 75% of participants will be able to identify sources of public health data and how to use data when making decisions.

Continuing Education:

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 Contact Hours Activity Number: 1456

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and The New Hampshire Public Health Association. The Southern NH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.5 AMA PRA category 1 Credit (s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 1.5 professional hours of continuing education.

Let's Get REaL About Data: Improving Data Collection & Analysis Capacity for Equity, Part 1

**Culturally Effective Organizations Work Group
Virtual LEARNING FORUM**

Date: June 28th, 1-3pm

REaL DATA

Narrative description:

We know that the capacity to move towards being more equitable organizations both in our processes and in our outcomes, as well as for the experiences of our clients/patients and employees, is very dependent on our having robust ability to collect data that is meaningful, and to use that information to inform improvement. This 2-hour workshop will begin our learning by focusing on essential concepts and best practices for collecting high quality data as foundational towards operationalizing equity and DEI in our organizations. (A second, future, workshop will focus on best practices for data analysis and use.) Presentation of content, breakout discussions, reflection and interactive activities will facilitate our learning together.

Objectives:

At the end of this session participants will be able to:

- Articulate the importance of data collection and analysis
- Identify best practices for data collection for managers and front-line staff
- Consider how to implement equity-promoting data strategies in your own organization
- Identify resources to further increase competence for this work

To Register: <https://www.eventbrite.com/e/lets-get-real-about-data-improving-data-collection-tickets-331963340287>

Continuing Education:

Nursing

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

2.0 contact hours Activity Number: 1452

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 2.0 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals

2.0 professional hours of continuing education.

Strategies for Difficult Conversations about Justice with Loved Ones

Faculty

Kevin Pajaro-Mariñez

Continuing Education

Nursing

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 contact hours Activity Number: 1459

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.5 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals

1.5 professional hours of continuing education.

Wednesday, July 13, 2022

Live Webinar

12:00pm to 1:30pm

This workshop provides attendees with the opportunity to think deeply about how to navigate difficult conversations about justice with those they care about. Participants will be exposed to important considerations before approaching these conversations, as well as learn bystander intervention strategies to help mitigate unexpected in-the-moment harm.

Learning Objectives

After this session, participants will be able to:

- Highlight considerations for how to start difficult conversations about social justice with loved ones
- Reflect on how social identities impact relationship-building
- Implement bystander strategies to help reduce harmful moments

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

[Click here](#) to register.

An email with the Zoom information will be sent out prior to the webinar.

Best Practices in Collecting Sexual Orientation and Gender Identity Data

Date: Tuesday, July 19, 2022

Time: 12:00 - 1:00pm

Live Webinar via Zoom

Faculty: Alex S. Keuroghlian, MD, MPH, Director of Education and Training Programs, Fenway Health & **Chris Grasso, MPH,** Chief Information Officer, Fenway Health

Session Description:

This workshop discusses best practices to collect patient Sexual Orientation and Gender Identity (SOGI) data. The training will focus on communicating the importance of this data collection to patients and colleagues. It will also review the workflow, process, and staff roles for data collection, as well as how to analyze and use these data for clinical decision-making and monitoring health disparities.

Target Audience:

Administrative and clinical staff, liaisons and representatives of Boards of Directors, and others interested in best practices for data collection in line with the Culturally Effective Organization Framework.

[Click Here](#) to Register!

Continuing Education

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

1.0 Contact Hours Activity Number: 1457

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 1.0 professional hours of continuing education.

Learning Objectives:

- Describe best practices in collecting data on sexual orientation and gender identify for patients, staff and board members.
- Discuss strategies for implementing data collection efforts.

Learning Outcome: 75% of participants will self report a change in practice based on participating in this session

CHANGE MANAGEMENT

*in a Challenging Healthcare Environment: Delivering
with Maximum Impact Webinar*

Thursday, July 21, 2022 ~ 12:00 - 1:30 pm

SPEAKER

Louise Keogh Weed



Louise Keogh Weed, Program Director of the Leadership Strategies for Evolving Health Care Executives Program and a Practice Transformation Specialist at the Harvard Medical School Center for Primary Care. Louise Keogh Weed has her Masters in Public Health in Health Policy and Management from Harvard School of Public Health.

REGISTER TODAY

<https://nhpha.memberclicks.net/events>

Session Description:

This session is designed to take public health professionals through an interactive and participatory group discussion on leading change in the public health and healthcare settings. In this session, the speaker will provide an overview of change management theories, change management applications, how to create a sense of urgency as a pre-condition for change, how public health professionals should think about when leading change, and the current level of fatigue observed in the healthcare system within the context of change management in the current environment.

Learning Objectives:

- Explore change management theories and their applications.
- Apply change in public health and healthcare settings.

Learning Outcome:

- 75% of participants will self-report an increase in confidence in managing change.

Continuing Education:

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 Contact Hours Activity Number: 1454

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and The New Hampshire Public Health Association. The Southern NH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.5 AMA PRA category 1 Credit (s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 1.5 professional hours of continuing education.

July 26th, 2022, 12:00 pm – 4:00 pm EST

Epilepsy & Self-Management Virtual Training

This training delivers learning modules that address,

- Overview of Epilepsy & Seizures
- Treatment Considerations in Epilepsy
- Seizure First Aid
- Comorbidities in Epilepsy
- Lifestyle Management
- Self-Management Programs
- Case Studies in Epilepsy

Target Audience: Nurses, NPs, nurse educators, CHW's, social workers, counselors, PCPs, psychologists, PAs, neurologists



To register: <https://www.eventbrite.com/e/epilepsy-self-management-virtual-training-tickets-328283112627>

Learning Objectives:

1. Describe seizures, epilepsy and 3 ways epilepsy may be treated
2. Discuss physical, mental and psychosocial challenges associated with living with epilepsy
3. Discover how to assist people with epilepsy control their seizures, prevent injuries, make healthy lifestyle choices, and improve quality of life
4. Identify 3 common comorbidities in epilepsy
5. Increase knowledge and confidence in their ability to provide seizure first-aid
6. Develop confidence in their ability to provide epilepsy management support
7. Explain the benefits of epilepsy self-management and at least 2 pathways for referral to a self-management program
8. List the resources and types of assistance available to people living with epilepsy

Learning Outcome: Participants will report a change in practice related to treating epilepsy.

Continuing Education:

*Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
3.75 contact hours. Activity Number: 1343*

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and the HOBSCOTCH Institute at the Dartmouth-Hitchcock Epilepsy Center. The Southern NH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 3.75 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been approved for 3.5 Category A Continuing Education Credits by the National Association of Social Workers, NH Chapter. CEU #3749

For other professionals: 3.75 professional hours of continuing education.



***Breathing
Matters
Respiratory
Conference***

****New DATE****

Monday, October 17, 2022

Grappone Conference Center ▪ Concord, NH

Who Should Attend:

This conference is ideal for healthcare professionals involved in the care and management of patients with respiratory conditions.

For more information:

info@BreatheNH.org

BreatheNH.org

 **Breathe**[®]
NEW HAMPSHIRE
Improving lung health since 1916

SAVE THE DATE!

October 27-28, 2022 | The Venue at Portwalk Place, 22 Portwalk Place, Portsmouth, NH 03801



Lawrence Raisz Memorial New England Bone Club Conference 2022



Submit your abstract for review! * Showcase your success story, a challenging case or a research project.

The conference program delivers:

- Updates on recent developments and cutting-edge research in metabolic bone diseases
- Guidance for challenging cases
- Clinical updates on rare bone disorders

Early Bird Rate: \$150.00

\$35.00 for fellows, trainees and students. (please email Brianna at bferraro@snhahec.org to register) Free for speakers and case presenters.

Register now *! A detailed brochure will be coming soon.

Case abstracts are being accepted through August 12, 2022.
Submit your case abstract to:

Brianna Ferraro, Program Manager
bferraro@snhahec.org



SNHAHEC
HEALTH CAREER
EXPLORATION

AH
EC Southern
New Hampshire
Area Health
Education Center

THE SCIENCE OF HEALTH AND NURSING CAMP

Interact with mannequins in a simulation lab,
get certified in CPR, and learn more about
nursing and human anatomy.

JULY 11-15
MONDAY THROUGH FRIDAY 9AM-
12:30PM
ARLINGTON STREET COMMUNITY
CENTER

Click the link to fill out the application
or scan the QR code

<https://forms.gle/JTqSjLRbcHAYpvQu5>



FOR MORE INFORMATION PLEASE CONTACT NITANGA JEAN
DE DIEU AT NITANGA@SNHAHEC.ORG OR BY CALLING
603-244-7360



SNHAHEC
HEALTH CAREER
EXPLORATION



AH
EC Southern
New Hampshire
Area Health
Education Center

THE SCIENCE OF HEALTH AND NURSING CAMP

Interact with mannequins in a simulation lab, get certified in CPR, and learn more about nursing and human anatomy.

JULY 18-22 AND 25-29 MONDAY THROUGH FRIDAY
9AM-12:30PM

MANCHESTER COMMUNITY COLLEGE

Click on the link to fill out the
application or scan the QR code

<https://forms.gle/dB7d9yDF53cfWfuD8>



For more information please contact
Nitanga Jean De Dieu at
Nitanga@snhahec.org or by calling
603-244-7360



Chronic Disease Self-Management New Leader Training



Mondays & Wednesdays from 10:00-12:30 pm & 1:30-3:00pm

11/28, 11/30, 12/5, 12/7, 12/12 & 12/14/2022

Virtual Training via Zoom

***There are two sessions each day. Participants must attend all sessions to become a leader. Zoom information will be emailed prior to the start of the training.**

This training will prepare you to hold a 6 week remote or in-person workshop series to provide the Chronic Disease Self-Management program, known as Better Choices, Better Health. It is a great opportunity to join a supported network of other NH leaders offering this program throughout NH.

Who should attend the Leader Training?

•Do you have a chronic disease or are you a caregiver of someone with a chronic disease?

You do not need to be a health professional to lead the workshops-in fact, Stanford recommends that leaders be individuals living with a chronic condition or a caregiver for someone with a chronic condition.

•Do you have a co-leader? “Better Choices, Better Health” workshops are held in the community and are led by two trained leaders. It is beneficial to partner with an already trained leader or to attend with the leader training with a partner if possible. If you need a co-leader, let us know and we will try to help!

•Can you commit to offering at least one 6-week program within one year, preferably within three months of being trained? It is really helpful to lead a training soon after to solidify your learning. Many communities find that offering 2 or 3 trainings per year is a great way to keep the program sustainable through word-of mouth.

For more information on the Chronic Disease Self-Management Program (CDSMP), please refer to <https://www.selfmanagementresource.com/programs/small-group/chronic-disease-self-management/>

This leader training is grant funded and, therefore, there is **no cost to attend the training** itself for NH residents (usually \$450-\$500). You will also receive a Leader manual, a participant book, and a participant CD at no charge.

***By completing this training, you will be able to offer CDSMP workshops AND will position yourself to be eligible to take Crossover Trainings such as Chronic Pain and/or Diabetes Self-Management.**

How do I apply? Please [click here](#) to register online. Contact Brianna Ferraro at bferraro@snhahec.org with questions.



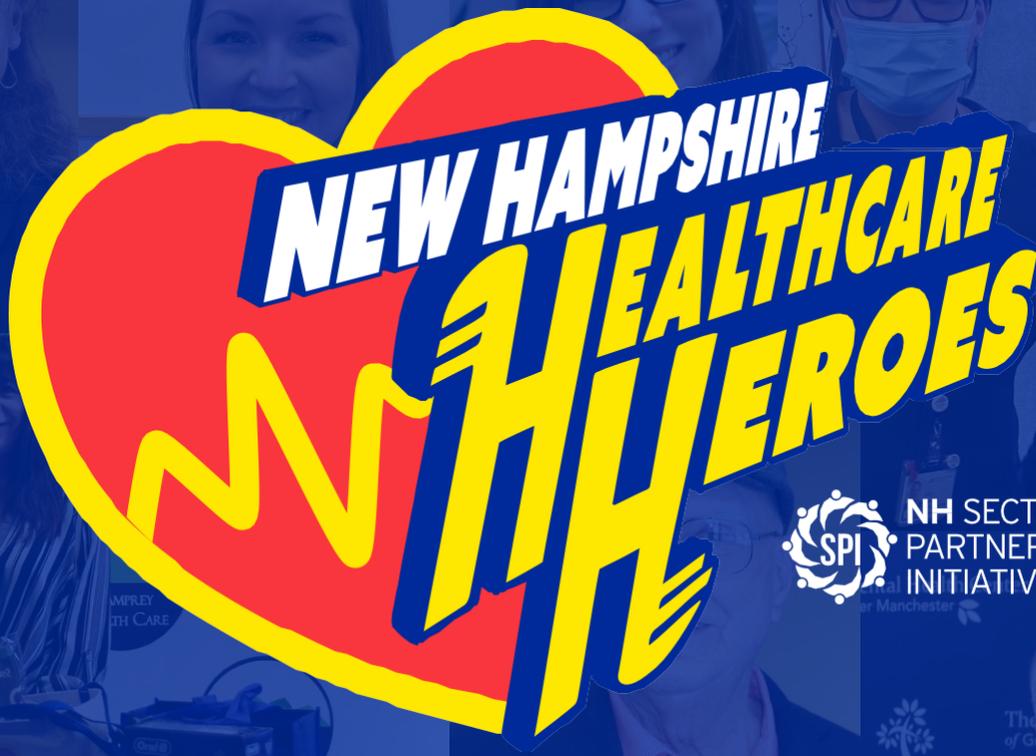
Center for Cultural Effectiveness

Southern NH AHEC is committed to supporting health professionals, organizations and communities to be more culturally effective. For more than twenty years we have provided training opportunities that contribute to enhancing the communication skills of health professionals and diversifying the health care workforce.

[Click here](#) to check out the Center for Cultural Effectiveness on our new website!

Resources:

[Click here](#) for the Diversity, Equity, and Inclusion (DEI) Organizational Assessment Tools: A Resource Guide.



We all know healthcare heroes.

Like 2020, in 2021, we saw those working in healthcare continue to be put to the test. From enforcing heightened restrictions to finding themselves short-staffed and at the firing line of tense emotions, our healthcare workforce has remained vigilant and resilient in ensuring that we are all healthy, safe and well-cared for. In the face of everything, our healthcare heroes stayed committed to caregiving for Granite Staters who needed help – and above all – hope.

We're looking for sponsors who can help us continue this effort to thank our healthcare workforce in a meaningful way while sharing their stories of hope, resilience and dedication.

Sponsorships will cover two rounds of healthcare hero recognitions - one planned for September 2022 and a second in May 2023.

NHHealthcareHeroes.org

Sponsor Packages on Reverse Side []

Sponsorship Levels

Legend \$7.5K

One sponsorship available

Company logo on:

- videos (opening and closing)
- e-mail marketing
- social media marketing
- banners and print marketing
- website landing page
- winner swag bags

PLUS:

- Company representative quote on the landing page and in the press release announcement
- Multiple team members invited to honor heroes at their workplace for photo opportunity
- Cohost livestream from the company account

Champion \$5K

Two sponsorships available

Company name in:

- e-mail marketing
 - press releases
- Company logo on:
- videos (opening and closing)
 - social media marketing
 - banners and print marketing
 - website landing page
 - winner swag bags

PLUS:

- Team member invited to honor heroes at their workplace for photo opportunity

Guardian \$2K

Company name in:

- e-mail marketing
- social media marketing

Company logo on:

- videos (closing)
- banners and print marketing
- website landing page
- winner swag bags

Crusader \$1K

Company name in:

- videos (closing)
- e-mail marketing
- social media marketing

Company logo on:

- website landing page

Sidekick \$500

Company name in:

- videos (closing)
- e-mail marketing
- social media marketing

*Sponsored in part by Southern New Hampshire Area Health Education Center (AHEC),
a program of Lamprey Health Care, and the CDC Equity Grant.*

Guardian Sponsors



Northeast Delta Dental



If you are interested in becoming a sponsor, please contact
Roxie Severance, Healthcare Sector Advisor at roxie@rsconsulting.services

LEARN MORE AT: NHHealthcareHeroes.org

NH Healthcare Heroes

**Check out this article in
the Business NH Magazine
recognizing the NH
Healthcare Heroes!**

<https://www.businessnhmagazine.com/article/nh-healthcare-heroes-recognized>

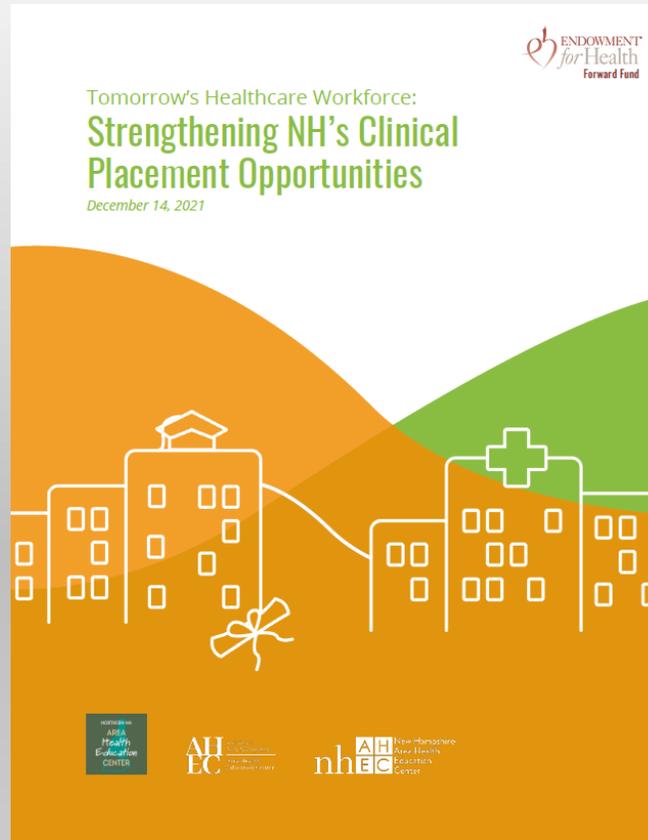
NH *needs* Caregivers!

Did you know?

NH Needs Caregivers is a grant funded program to recruit and train 525 licensed nursing assistants (LNAs) to work in a healthcare setting in NH. The program, funded through May 31, 2023, is managed by Lamprey Healthcare/ Southern NH Area Health Education Center (SNHAHEC). The program assists individuals interested in becoming LNAs to find training, funding for training, and employment in a participating facility or organization. Additionally, the NHNC Program Director connects participating facilities and organizations with participants interested in employment.

For those interested in learning more about the NH Needs Caregivers! initiative, please visit www.nhneeds caregivers.org.

NH AHEC's Community Placement Project Report



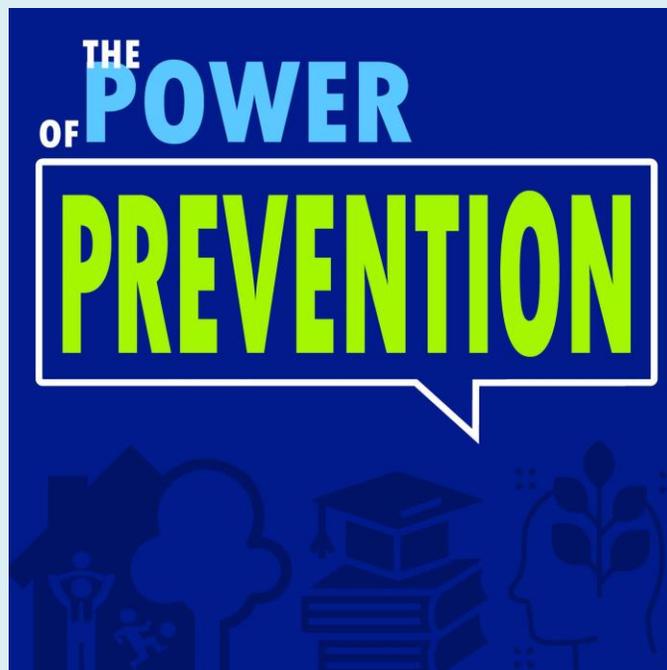
Check out this report that highlights the challenges between needing to increase the healthcare workforce and the limited availability of placement sites for health professional students, specifically in NH. The New Hampshire Area Health Education Centers conducted interviews with both placement sites and academic institutions to help generate recommendations to resolve issues with the placement system in NH. The findings of these interviews are also included in this report.

https://www.snhahec.org/uploads/1/3/2/1/132121212/clinical_placements_report-digital-final.pdf

The Power of Prevention Podcast

Check out this podcast series produced by [The Partnership @drugfreenh.org](https://www.drugfreenh.org) (The Partnership)! This is a podcast for people who are looking for solutions and want to make New Hampshire a better place where we all have the opportunity to live, learn and thrive. For more information, [click here](#).

Episode Four of this podcast series features Paula Smith and CDSMP/CPSMP Master Trainer Lisa Stockwell. They share their insights and experience offering alternatives for managing chronic pain. To listen to the podcast episode, [click here](#).





Optimizing employment outcomes among rural cancer survivors: Beginning a community-engaged research program

We are looking for ways to help people undergoing cancer treatment maintain their ability to work. We'd like to talk with employers and supervisors to understand the barriers to and facilitators of supporting employment of cancer survivors within various settings.

Who can participate?

- Employers and supervisors throughout New Hampshire and Vermont who can speak on the challenges employers face when an employee is being treated for cancer or comes back to work after cancer treatment.
- We would like to hear from employers of different sizes, ownership models and industries.

Time or other commitments required of participants:

A one-time, 30 to 60 minute interview via telephone

or internet (based on preference). After a few months, participants will be invited to participate in a 75 minute discussion group with 4 to 10 other participants. We will discuss our findings and possible programs that could help cancer survivors.

Is compensation provided?

Yes. Participants will receive \$50.00 for completion of the individual interview and \$50.00 for completion of the discussion group.

To participate, please contact:

Kali Morrissette
Clinical Research Coordinator
Department of Psychiatry
Email: kali.j.morrissette@hitchcock.org
Phone: (603) 653-9901

Strategies for Preventing and Managing Tickborne Illness

Online Module



Be prepared
for Tick
Season!!

Learning Objectives:

- Identify different types of ticks and the prevalence of tick borne illness in NH
- Discuss strategies for testing and diagnosis of tick-borne illness
- Describe treatment options for tick borne disease
- Address prevention strategies to share with patients

Faculty:

Dr. Aparna Dave is an Infectious Disease specialist with CORE Physicians in Exeter, NH. Dr. Dave is board certified in Internal Medicine & Infectious Disease. She is also the medical director for the Seacoast Travel Clinic.

To view the module, click here:

<https://www.sنهاec.org/strategies-for-preventing-and-managing-tickborne-illness.html>

Nurses

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours. Activity Number: 1382

Physicians

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Recognizing and Responding to Human Trafficking in a Healthcare Context

Faculty

Donna Plourde, Executive Director, Real Life Giving, Training Committee Chair, NH Human Trafficking Task Force,

Continuing Education

Nursing

Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

1.5 contact hours Activity Number: 1389

Physicians

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Other professionals

1.5 professional hours of continuing education.

Online Module

Human trafficking is defined as “the recruitment, harboring, transportation, provision or obtaining of a person for exploitation through labor, services or a commercial sex act by force, fraud or coercion.” Human Trafficking happens in New Hampshire. Join us to learn what to look for and how to best provide care and services to your patients and/or clients.

Learning Objectives

After this session, participants will be able to:

- Discuss the dynamics of human trafficking and the scope of the issue in NH
- Identify indicators of human trafficking
- Describe best practices for responding and reporting

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

[Click here](#) to view the module.



Addressing Vaccine Hesitancy

Online Module

Faculty

-Ardis Olson, MD
-Kim Bernard, MSN, RN
-Elizabeth Talbot, MD
-Suzanne Allison, RN,
BSN

Continuing Education

Nursing

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours Activity
Number: 1392

Physicians

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Other professionals

1.0 professional hours of continuing education.

This session applies to:

- Childhood and Adolescent Vaccines
 - COVID-19 Vaccine
 - Flu Vaccine

Strategies discussed:

- Motivational interviewing for addressing vaccine hesitancy

Learning Objectives

After this session, participants will be able to:

- Describe vaccine hesitancy and underlying factors
- Recall at least three practices clinicians can use to build confidence in vaccines among patients
- Apply lessons learned to COVID, early childhood, and adolescent vaccinations.
- Identify at least one action they can take to support a culture of vaccine confidence in their practice setting

Learning Outcome: Participants will report a change in practice related to communicating about vaccines.

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, behavioral health and public health professionals.

[Click here](#) to view the module.



Preceptor Development Modules



A series of educational modules for community based clinical teachers

Dealing With the Difficult Learning Situation: Prevention

Narrated by: Elizabeth Harrison, BSN, MSN, FNP-BC

<https://www.snhahec.org/preceptor-development-dealing-with-the-difficult-learning-situation-prevention.html>

Dealing With the Difficult Learning Situation: Management

Narrated by: Elizabeth Harrison, BSN, MSN, FNP-BC

<https://www.snhahec.org/preceptor-development-dealing-with-the-difficult-learning-situation-management.html>

The Effective Preceptor

Narrated by: Justine Nims-Largy, APRN

<https://www.snhahec.org/preceptor-development-effective-preceptor.html>

Evaluation: Making it Work

Narrated by: Kim O'Mahoney, APRN, FNP-BC

<https://www.snhahec.org/preceptor-development-evaluation-making-it-work.html>

Feedback

Narrated by: Ruth James, MD, MPH

<https://www.snhahec.org/preceptor-development-feedback.html>

Integrating the Learner Into the Busy Practice

Narrated by: Rajae Raji, APRN

<https://www.snhahec.org/preceptor-development-integrating-the-learner-into-the-busy-practice.html>

NEW!

Interprofessional Collaboration

Narrated by: Dayle Sharp, PhD, DNP, M'PH, FNP-BC, APRN

<https://www.snhahec.org/preceptor-development-interprofessional-collaboration.html>

Learner Engagement in Community Rotations

Narrated by: Paula Smith, MBA, EdD

<https://www.snhahec.org/preceptor-development-learner-engagement-in-community-rotations.html>

The One-Minute Preceptor

Narrated by: Jonathan Gott, PA-C

<https://www.snhahec.org/preceptor-development-one-minute-preceptor.html>

Setting Expectations

Narrated by: Ruth James, MD, MPH

<https://www.snhahec.org/preceptor-development-setting-expectations.html>

Resilience & Thriving: The Secret Power of Stress

Want to learn more about Resiliency?

This narrated PowerPoint presentation, available online, provides introductory information about resiliency, the warning signs of stress, and more!

Learning Objectives:

- Apply the tools of Resilience and Thriving through self-examination of events in personal and professional lives
- Evaluate the broader aspects of stress and how you can reframe stressors to strengthen the ability to flourish under challenging circumstances
- Recognize early warning signs and utilizing the core tools of the positive coping cycle
- Discuss pandemic takeaways

Presented by: Maria Reyes, BA, CADDC

[Click here](#) to learn more!

Compassionate Boundaries

Want to learn more about Compassionate Boundaries?

This narrated PowerPoint presentation, available online, provides introductory information about compassionate boundaries. Learn more about how to set compassionate boundaries to avoid saying yes when we really mean no. As caregivers, we can learn to consider our own needs, while we are helping others to get their needs met. Learning to set boundaries with compassion can reduce compassion fatigue and role model positive behavior for our clients.

Learning Objectives:

- Discuss definitions and concepts of compassion and its place in health care settings
- Describe definitions of professional boundaries.
- Identify common challenges to creating and maintaining compassionate and professional boundaries.

Presented by: Jen Stout, LICSW, MLADC

[Click here](#) to learn more!

Motivational Interviewing

Want to learn more about Motivational Interviewing?

This narrated PowerPoint presentation, available online, provides introductory information about what Motivational Interviewing is, the elements that make up the mindset of MI, and more!

Learning Objectives:

- Describe the four elements of the mindset/spirit of MI
- Explain the four processes that guide MI conversations
- Describe 1 example of the core interviewing skills of MI
- Describe how to effectively provide information and suggestions

Presented by: Lisa Stockwell, MEd

Experienced trainer, educator and coach working with organizations, groups and individuals in topics related to positive behavior change, effective communication skills, mindfulness, compassion fatigue and motivational interviewing (member of MINT).

[Click here](#) to learn more!

Alzheimer's Dementia-Introduction to Alzheimer's-Online Module

Want to learn more about Alzheimer's Dementia?

This 45 minute narrated PowerPoint presentation, available online, provides introductory information about Alzheimer's Dementia, the cost burden, the stages of Alzheimer's and more.

Learning Objectives:

- Distinguish Alzheimer's as one of the Dementias
- Discuss the prevalence of dementia/Alzheimer's in NH and globally
- Explain the projected scope of the epidemic
- Discuss the cost burden of Alzheimer's for federal/state governments and individuals/caregivers
- Identify health disparities related to Alzheimer's and other dementias
- List the stages and signs/symptoms of each stage of Alzheimer's Disease.
- Relate changes in the brain to signs/symptoms at each stage of Alzheimer's Disease

Presented by: Carole Boutin, DNP, MS, RN, CNE

[Click here](#) to learn more!

COVID-19 and Diabetes

Want to learn more about the connection between COVID-19 and Diabetes?

This narrated PowerPoint presentation, available online, provides introductory information about the relation between COVID-19 and Diabetes and how to protect and prepare patients should they become ill.

Learning Objectives:

- Describe why diabetes poses an increased risk for illness with COVID-19
- List ways to protect and prepare patients with diabetes should they get sick
- State importance of monitoring and treating acute complications
- Describe how to boost the immune system with nutrition
- Explain how to reduce the chance of severe illness

Presented by: Della B. Flanagan, RDN, CDCES, MEd, BC-ADM, LD

[Click here](#) to learn more!

Trauma Informed Care Online Module

Faculty

**Jen Stout, LICSW,
MLADC**, The Doorway in
Dover

Continuing Education

Nursing

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours Activity
Number: 1251

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 1.0 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other professionals

1.0 professional hours of
continuing education.

Learn how to incorporate trauma-informed care as a strengths-based approach to caring for your patients and clients. Trauma informed care incorporates a person-centered approach to working with people that incorporates the biological, neurological, psychological and social impact of trauma on an individual.

Learning Objectives

After this session, participants will be able to:

- Describe basics of brain function and development
- Discuss components of Trauma Informed Care
- Apply strategies to address challenging behaviors

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.

[Click here](#) to access the module!

Enhancing Provider Skills in Serving People who Actively Use Substances

Free Online Module

[Click here
to watch!](#)

Target Audience

All members of the practice team including physicians, nurse practitioners, physician assistants, nurses, medical assistants and patient service representatives.



Continuing Education

Nurses

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Activity Number: 1340

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 0.5 AMA PRA category 1 Credit (s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For other professionals: 0.5 professional hours of continuing education.

Health care providers have opportunities to engage and support clients who use drugs in setting and attaining health related goals. This session will engage attendees in collaborative learning, conversation, and case discussion to identify opportunities to engage clients in setting goals.



This one-hour module will focus on provider acceptance of 'where a person is at' as a precursor to supporting client-driven goal setting. Cases shared within this session will highlight exemplars of engaged approaches as well as opportunities for improvement.

Evidence related to harm reduction approaches and goal setting will be discussed and harm reduction best practices, evidence, and current local and national resources will be provided.

Participants will consider how goal attainment can be supported with syringe service programs, overdose prevention and treatment, medications prescribed to mitigate withdrawal symptoms, and referrals across health care and community services including peer recovery supports.

Learning Objectives

After this session, participants will be able to:

- Relate the concepts of humility and curiosity to learn about substance use disorders as precursors to have supportive and pragmatic conversations with clients.
- Identify opportunities in varied practice settings to engage clients who use drugs in setting and achieving goals.
- Conduct collaborative goal setting for overdose and infection prevention with people who use drugs to augment substance disorder screening, treatment, referral, and recovery.
- Apply harm reduction principles to supporting patient experience drug withdrawal symptoms.

Learning Outcome

Participants will report a change in practice 6 months after the educational intervention.

Enhancing Provider Skills in Serving People who Actively Use Substances

Scheduling

This program can be offered at a day and time that best suits your organization. Contact Nitanga Jean De Dieu, Nitanga@snhahec.org, to schedule a program.

Target Audience

All members of the practice team including physicians, nurse practitioners, physician assistants, nurses, medical assistants and patient service representatives.

Faculty

Kerry Nolte, PhD, FNP-C

Continuing Education

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

1.0 contact hours.

Activity Number: 1250

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For all other health professionals: 1.0 hours

Health care providers have opportunities to engage and support clients who use drugs in setting and attaining health related goals. This session will engage attendees in collaborative learning, conversation, and case discussion to identify opportunities to engage clients in setting goals.

This one-hour session will first focus on provider acceptance of 'where a person is at' as a precursor to supporting client driven goal setting. Cases shared within this session will highlight exemplars of engaged approaches as well as opportunities for improvement.

Evidence related to harm reduction approaches and goal setting will be discussed and harm reduction best practices, evidence, and current local and national resources will be provided.

Participants will consider how goal attainment can be supported with syringe service programs, overdose prevention and treatment, medications prescribed to mitigate withdrawal symptoms, and referrals across health care and community services including peer recovery supports.

Learning Objectives

After this session, participants will be able to:

- Relate the concepts of humility and curiosity to learn about substance use disorders as precursors to have supportive and pragmatic conversations with clients.
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- Apply harm reduction principles to supporting patient experience drug withdrawal symptoms.

Learning Outcome

Participants will report a change in practice 6 months after the educational intervention

Stanford's Chronic Disease Self-Management Program: Better Choices, Better Health

Do you have patients with a chronic disease? Are you looking for resources to help them take better care of themselves?

The NH CDSMP Network is offering Stanford's Chronic Disease Self-Management Program: Better Choices, Better Health as a resource to providers and residents of New Hampshire. The program gives patients with chronic diseases and the people who care for them an opportunity to learn how to put life back into their lives.



***For more information please
contact
Brianna Ferraro at
bferraro@snhahec.org
603-895-1514x2***

As a series of workshops:
Classes are offered in community centers across NH. Upcoming trainings can be found at [SNHAHEC](#), under the "BCBH" tab

"Lunch" and Learn
An introductory one-hour session can be brought to your practice by SNHAHEC to help your staff understand what can be done to help patients with chronic diseases manage their lives.