

COACHING AND SUPERVISION

Supervisors and managers can gain the skills to support better communication and lay the foundation for strengthening relationships with staff.



Through skill-based training, supervisors learn to:

- **Support**
Support staff while also holding them accountable
- **Build**
Build constructive, positive relationships
- **Respect**
Show respect with staff
- **Help**
Help staff be:
 - Better communicators
 - Stronger problem solvers
- **Give**
Give quality care

This training is a unique approach to ending a damaging cycle that often leads to poor relationships, high turnover, and supervisor strain.

Format

This two day training can be either face to face or offered remotely. Each day of training is 8 hours.

Introductory Training

This training introduces participants to the coaching approach to supervision and teaches four fundamental coaching skills: Active Listening, Self-Management, Self-Awareness, and Presenting the Problem.

Let us know if you are interested in setting up a workshop for your organization or attending our next session.

Email Regan Theberge if you are interested in offering the workshop at rtheberge@snhahec.org.