



VOL. 1 ISSUE 3 · MARCH 2024

# AHEC EXCHANGE

Quarterly Newsletter for Southern NH AHEC

## Healthcare Heroes Campaign

The Healthcare Heroes campaign started in 2020 to share stories and recognize a variety of healthcare workers from around the state. A key purpose of this campaign is to not only support the retention of the existing staff at healthcare facilities, but also to bring awareness to the many rewarding and fulfilling career paths and opportunities in healthcare. Over the past three years 32 heroes have been recognized from across the five SPI regions.

The 2024 campaign has begun! The volunteer planning and nomination committee has been recruiting sponsors. Nominations open on April 1st and will be open through May 15th. In June the regional winners will be announced and the recognition ceremonies will be hosted. The Healthcare Heroes will be honored in a pinning ceremony hosted with each winner's employer and streamed on Facebook Live. Each winner will receive a banner and customized swag bag from our supporters. See the Healthcare Heroes page for the nomination form [here!](#)



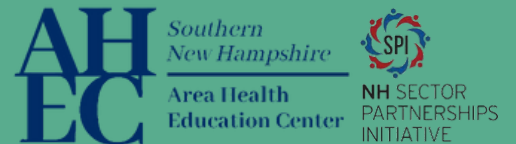
2023 Healthcare Hero Anna Lingelbach-Lorenz from the North Country at the recognition ceremony

## What is SNHAHEC up to?

- The Equity Leaders Fellowship is celebrating 10 cohorts with an anniversary gala in June! Get your tickets [here!](#)
- Health Care Community Interpretation Training began this month with 17 trainees. The class comes from NH, MA, and CO!



Last spring's Interpreter class



## Mission Statement

The mission of Southern NH Area Health Education Center (AHEC) is to develop, promote, and coordinate community and academic multi-disciplinary partnerships for health professions education. We focus on under-served communities and provide education for students, practicing health professionals, and members of southern New Hampshire communities.



Graduates from North Countries LNA class

## NH Needs Caregivers!

The NH Needs Caregivers program promotes opportunities for licensed nursing assistant (LNA) training and employment throughout the state. The program is funded through May 10, 2024, and is designed to recruit and support individuals currently employed or committed to employment in a skilled nursing or long-term care facility as a licensed nursing assistant.

The program looks to recruit interested individuals and connect them with financial assistance, training programs, and employment. The program looks to recruit interested individuals and connects them with financial assistance, training programs, and employment.

**254  
LNAs**

NH Needs Caregivers has trained 128 LNAs since January 1st, 2023 and our youth program Health Care Heroes in the Making trained an addition 126 LNAs for a total of 254 new LNAs in the workforce.

**“I accepted a full-time position. I started on Tuesday. I am so grateful to you and NH Needs Caregivers for the opportunity to go back to school and reinvent myself at age 50!”**

-NH NEEDS CAREGIVERS!  
PARTICIPANT

## 2023 Continuing Education

The NH AHEC has offered training for more than twenty years. Both the Northern and Southern NH AHEC offices are accredited by the NH Medical Society and the Northeast Multistate Division (nursing). We also work with the NH Chapter of the National Association of Social Workers to offer credit to behavioral health professionals, as well as professional organizations of other disciplines as appropriate.

NH AHEC training opportunities address the need for access to current information for clinical and public health workers working in rural and underserved areas. We provide education on cultural competency to enhance the communication of the health care workforce as NH becomes increasingly more diverse. We also offer training on self-care and resiliency as our healthcare workforce has struggled with burnout due to the COVID-19 pandemic and related workforce shortages.

## 2023 CE Data

This is the 2023 Continuing Education data for Southern NH AHEC.

- Live Sessions - 92
  - Total Participants - 1,564
  - Nurses - 609
  - Public Health - 204
  - Physicians - 92
- Online Modules - 60
  - Total Participants - 588
  - Nurses - 493
  - Public Health - 5
  - Physicians - 10



Check back in June 2024 for the next edition of the AHEC Exchange