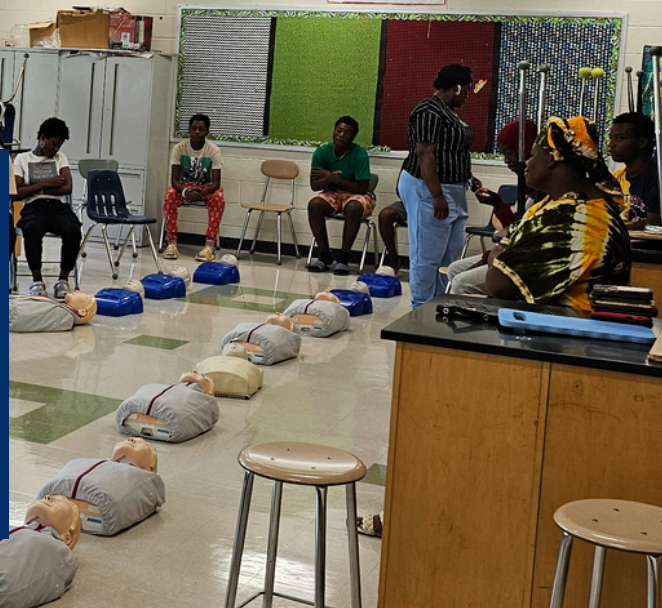


# AHEC EXCHANGE

Quarterly Newsletter for Southern NH AHEC



## Health Career Quest Summer Camp

Southern New Hampshire Area Health Education Center (SNHAHEC) has offered health career based summer camps to middle and high school youth in Manchester, NH for over a decade with focused efforts on low-income and minority boys and girls. The goal of the AHEC Health Career Quest Summer Camps is to expand diversity within the health care workforce by promoting awareness of the various professions among youth from diverse cultures.

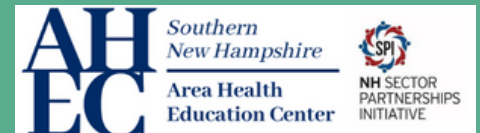
The purpose of AHEC youth programming is to build the health career pipeline, exposing youth to the wide variety of career opportunities within the healthcare field. Our intention is to develop nurses and behavioral health professionals from diverse cultures in order to increase the cultural effectiveness of health care organizations, and increase the diversity of the health career workforce.



2023 Camp participants learning to take vitals at a simlab.

## What is SNHAHEC up to?

- SNHAHEC will be hosting the Infection Prevention Conference: Partnership is the Key in September on behalf of the Division of Public Health Services (DPHS), Healthcare Associated Infections (HAI) Program.
- The CHW Apprenticeship program has launched. New and existing CHWs get opportunities for increased training and on the job experience. Financial support is provided by the HRSA CHW grant and through our partnership with ApprenticeshipNH!



## Mission Statement

The mission of Southern NH Area Health Education Center (AHEC) is to develop, promote, and coordinate community and academic multi-disciplinary partnerships for health professions education. We focus on under-served communities and provide education for students, practicing health professionals, and members of southern New Hampshire communities.

## Well-Being Action Network

The Well-being Action Network (WBAN), formerly known as the NH CDSMP Network, has been offering self-management programs since 2010. We are currently offering the following programs: Chronic Disease Self-Management (CDSMP), Workplace CDSMP, Chronic Pain Self-Management (CPSMP), Walk with Ease (WWE) & Tomando Control de su Salud. We will soon start offering the Diabetes Self-Management program as well.

Between January 2023-April 2024, the Network has offered 27 workshops. A total of 213 participants attended at least one class during this timeframe.

For more information on the different programs we offer, please visit our [website](#).



Jodi Harper, Carli Hughes, Brianna Ferraro, and Carli Polanco - members of the WBAN team - met in DC at the Age + Action Conference hosted by the NCOA (National Commission on Aging) to learn from peers.

Check back in October for the next edition of the AHEC Exchange

Thank you to the NH Legislature for passing SB 403 and moving forward with CHW Certification. The NH Workforce Coalition provided great guidance and support. Thanks also to CHWs for their advocacy efforts!

-PAULA SMITH SNHAHEC  
DIRECTOR

## CHW Upskilling

We are excited to be offering Upskilling as a part of our CHW Advance Programing! Through our grant with HRSA we are able to provide funds to CHW's that have already completed their Core Competency Training to take an approved Upskilling course and the CHW is then eligible to receive a stipend to support their success in their Training. To date we have enrolled and upskilled 36 Community Health Workers! If you are a Community Health Work or have interest in learning more about the program please check it out here: [content](#)