March 2017

Upcoming Conferences, Workshops, and Programs

Conferences and Workshops

Southern New Hampshire Area Health Education Center is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates live activities for AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sponsored by Southern NH Area Health Education Center, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. SNHAHEC Provider Number MEP100891

Note: Please check each individual program brochure for more information about education credits

www.snhahec.org
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THE NURSING QUEST SUMMER CAMP IS COMING IN JULY !!

PAGE DOWN to see more details about these programs!
Learning Objectives

At the conclusion of this program participants will be able to:

• Describe the integration of current evidence into care for psych-mental health patient in primary care.
• Identify resources for the management and referral of psych-mental health patients.
• Discuss integration of psycho-pharmaceutical medications into primary care.

Target Audience:

APRN, RN, MD, DO, PA, MSW and other healthcare professionals working in primary or mental health care.

GO TO www.snhahec.org – Upcoming Events to register

For brochure, click here.
CLICK HERE TO DOWNLOAD A PROGRAM BROCHURE
NH CCC 12th Annual Meeting brochure

Featuring:
- Edward J. Benz Jr., MD  
  President and CEO Emeritus, Dana-Farber Cancer Institute
- Mandi Pratt-Chapman, MA  
  Associate Center Director, George Washington University Cancer Center
- Hester Hill Schnipper, LICSW  
  Chief of Oncology Social Work, Beth Israel Deaconess Medical Center

Meeting Objectives:
- Explain how community partnerships and collective impact can enhance the cancer survivorship experience
- Describe challenges and solutions associated with implementing cancer survivorship care plans
- Identify local and national resources and practical strategies to assist health systems to improve survivorship outcomes

Who Should Attend?
- Individuals, organizational leaders, and decision makers who are interested in addressing policy and systems change to improve care planning for all cancer survivors in NH communities
- Patients, providers, nurses, social workers, cancer registrars, health educators, and others involved in oncology care coordination
Join us for this full-day event to learn more about current Community Health Worker (CHW) initiatives in New Hampshire; the vital CHW role in your health and human service setting; and how CHWs are instrumental in enhancing the patient experience and improving health outcomes.

**Objectives**
- Describe CHW initiatives in New Hampshire.
- Explore the leadership role of CHWs in the community.
- Frame messages to build public awareness of CHWs.
- Identify ways to measure social determinants of health for value-based payment models.
- Describe strategies to enhance teamwork.
- Strengthen the CHW Coalition in New Hampshire.

**Target Audience**
Community Health Workers; representatives of health systems, social service, and community organizations; and legislators who seek new models of care to promote access to services and minimize health disparities.

**Registration Fees**
- Community Health Workers – **No charge** with scholarship application; full scholarships available to support attendance – indicate on registration form
- Non-Community Health Worker - **$45**

What is a Community Health Worker?
A community health worker is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the worker to serve as a liaison / link / intermediary between health / social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.
FILM SCREENING & PANEL DISCUSSION

Tuesday, May 2nd
5:30PM Networking, 6:00-8:00PM Film & Discussion
Rialto Theatre, 80 Main Street, Lancaster, NH
*Light refreshments provided*

CONTINUING EDUCATION

Learning Objectives
- Explain the link between HPV virus and associated cancers in males and females
- Recognize the HPV vaccine as safe and effective.
- Explain the physical and emotional toll that cervical cancer has on its victims and families.
- Identify best practice vaccine guidelines and resources.
- Frame the HPV vaccine as a cancer prevention tool.

Nurses
Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

2.0 contact hours. Activity Number: 1181

Physicians
The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certified Health Education Specialists (CHES)
Sponsored by Southern NH Area Health Education Center, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 2.0 total Category I continuing education contact hours. SNHAHEC Provider Number MEP100891.

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The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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REGISTER TODAY AT:
May 23, 2017
5:30 to 8:00pm
UNH – Elliott Alumni Center

You are the Key to HPV Cancer Prevention
plus Panel Discussion

Offered to you by the UNH - ETA IOTA Chapter of Sigma Theta Tau
in partnership with Southern NH Area Health Education Center

Low HPV vaccination rates are leaving another generation of boys and girls vulnerable to devastating HPV cancers. Vaccination could prevent most of these cancers. CDC is looking to you to make a strong recommendation for HPV vaccination when kids are 11 and 12 years old. Provided in this presentation is up-to-date information on HPV infection/disease, HPV vaccine, and ways to successfully communicate with patients and their parents about HPV vaccination. Find out how to tell parents that they aren’t opening the door to sex—they’re closing the door to cancer. Because HPV vaccine IS cancer prevention and YOU are the key.

OBJECTIVES: At the conclusion of the 2 hour session, the participant will be able to:
- Define the importance of HPV vaccination for cancer prevention and the rationale for vaccinating at ages 11 or 12.
- List the indications for HPV vaccine for girls and for boys.
- Provide useful and compelling information about HPV vaccine to parents to aid in making the decision to vaccinate.
- Locate resources relevant to current immunization practice.

To Register for this free event, click here.

Nurses
Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation

2.0 contact hours. Activity Number: 1134

Physicians
The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Funded in part by the National AHEC Organization and Centers for Disease Control and the NH DHHS Comprehensive Cancer Collaborative.
Cosponsored by ETA IOTA Chapter of Sigma theta Tau International.
DID YOU KNOW IN THE UNITED STATES …
~ Each day, some 30 women are diagnosed with cervical cancer caused by various types of HPV

~ Each year, there are some 324,000 new cases of genital warts caused by HPV Types 6 and 11 (in males and females)

Low HPV vaccination rates are leaving another generation of boys and girls vulnerable to devastating HPV cancers. Vaccination could prevent most of these cancers. The CDC is looking to you to make a strong recommendation for HPV vaccination when kids are 11 and 12 years old.

Please view their recent webinar “Recommendations for HPV Vaccination 2016 Update” at the link below

Click Here

JOIN US FOR A FREE 1 HOUR CME Self-Study course, for details click here; or to SCHEDULE YOUR Lunch and Learn session contact Gina at 603-895-1514x2 or email gsavinelli@snhahec.org
This is a comprehensive 64-hour program that teaches interpreters to work in health care, educational, social services and some legal fields. The curriculum includes: language access law, the role of the interpreter, the protocol of interpretation, the national code of ethics & standards of practice, memory development, basic anatomy and medical terminology, vocabulary development in both languages, impact of culture on interpretation, resources for interpreters, assisted role-plays, groundwork preparation for the national certification, and more. The cost for the class is $750. There is a partial scholarship of $300 for students who register & pay before April 20. Registration fee, language proficiency screening, the manual and exercises/role plays are included in the cost. It is recommended that students bring to the class bilingual medical dictionary/glossary and atlas of anatomy or have a good on-line bilingual resource. Each applicant will be screened for English and target language proficiency. Attendance at all classes is mandatory in order to receive a certificate of completion.

If you are interested in this program, please click on the link below to download the registration form.

Conversational Café: Explore Cultural Effectiveness in Health Care
May 17, 2017
6:00 to 8:00 pm
First Congregational Church
508 Union Street
Manchester, NH

Who should attend: any health professional who wants to engage in enhancing cross cultural communication skills.

After attending this workshop, participants will be able to:
- Reflect on their own cultural beliefs about health and health care
- Explore other perspectives
- Apply skills in cross cultural communication

**SPACE IS LIMITED, click here for details.**
Stanford’s Chronic Disease Self-Management Program: Better Choices, Better Health

Do you have patients with a chronic disease? Are you looking for resources to help them take better care of themselves?

The NH CDSMP Network is offering Stanford’s Chronic Disease Self-Management Program: Better Choices, Better Health as a resource to providers and residents of New Hampshire. The program gives patients with chronic diseases and the people who care for them an opportunity to learn how to put life back into their lives.

As a series of workshops:
Classes are offered in community centers across NH. Upcoming trainings can be found at SNHAHEC, under the “BCBH” tab

“Lunch” and Learn
An introductory one-hour session can be brought to your practice by SNHAHEC to help your staff understand what can be done to help patients with chronic diseases manage their lives.

For more information please contact
Gina Savinelli at gsavinelli@snhahec.org
603-895-1514x2
Mental Health Triage for Primary Care

COMING SOON

Exeter, NH

Learning Objectives

at the conclusion of this program participants will be able to:

• Describe a technique to use when called upon to assess mental health status based on patient-initiated telephone communications.

• Identify 2-3 the local resources immediately available to patients experiencing a mental health crisis.

• Identify short and longer term resources available for behavioral health patient care and follow-up.

• Demonstrate the language utilized and attitude reflected when communicating with a patient experiencing a mental health crisis.

• Describe the integration of the triage role with primary care and community resources.

A full brochure will be available soon! For more information contact Gina at 603-895-1514x2

Target Audience

Registered Nurses, other Primary Care Staff and Community Resources interested in the integration of Behavioral Health with Primary Care

This event, originally scheduled for February 20th, is being RESCHEDULED for late Spring. MORE DETAILS TO COME
As a nation and a state, we are struggling to address the transformation of the health care system as we move to a model of team based care. One strategy that other states have used to engage communities and assist with navigating services is to promote the Community Health Worker (CHW) model. Train to become a CHW in New Hampshire and incorporate your new knowledge into team based care opportunities offered in hospitals, medical practices, community health centers and social service settings.

**Target Audience**

There are a variety of roles and numerous titles that fall under the CHW umbrella: Outreach Worker, Lay Health Advisor, Health Promoter, Patient Advocate, community health advisor, family advocate, liaison, peer counselor, patient navigator, health interpreter and public health aide. Those listed are welcome to attend!

**Full brochure available online!**

**Topics covered:**

- Service Coordination Skills and Conduct
- Organization Skills and Time Management
- Insurance Options and the Marketplace, CHW Code of Ethics, Culture and Cultural Effectiveness
- Presentation Skills & Communication and Interviewing Skills
- Community Assessment Skills
- Advocacy, Leadership and Empowerment Skills
- Chronic Disease Management and Oral Health
- Mental Health, Substance Abuse, Domestic Violence, and Care Coordination
- The Environment and Prevention and Wellness

To register: Please visit our website at [www.snhhahec.org](http://www.snhhahec.org) under “upcoming events”

For more information please contact: gsavinelli@snhahec.org
The Southern NH AHEC Nursing Quest Summer Camp
For Boys and Girls ages 12-15

Who should go to camp?
If you are entering or leaving the 8th grade and think you might be interested in exploring a career in nursing, you will benefit from the camp.

What will I be doing at camp?
- Wear Scrubs-We give them to you!
- Become certified in CPR
- Learn about different nursing careers in various settings
- Go on field trips to different healthcare organizations
- Measure vital signs- Blood pressure, temperature, and pulse rate

For rising 8th and 9th grade boys and girls

Who should go to camp?
If you have participated in the Nursing Quest Summer Camp for 8th graders and think you might be interested in further exploring a career in nursing, you will benefit from the camp. Anyone in 9th or 10th grade can also benefit!

What will I be doing at camp?
- Expand your knowledge of body systems
- Develop your knowledge of medical terminology
- Strengthen your skills and resources for health career development
- Meet new people and have fun!

Have a child 16 years of age or older? please join us at the Health Careers Institute at Dartmouth! Please visit http://tdi.dartmouth.edu/hcid/about for more information!

Fee: $250.00 - Partial scholarships are available! If interested in applying, please contact Gina Savinelli at gsavinelli@snhahec.org or 603-895-1514 x2

Sponsored by Southern NH Area Health Education Center
Carbohydrate Counting
a key strategy to managing diabetes

Want to be able to help your DM patients keep their blood glucose levels within their target range?

This 45 minute narrated power point presentation, available online, provides carbohydrate counting tips you can share with patients and clients.

**Learning Objectives:**

- State what carb counting is and why it is important to manage diabetes
- State carb targets for meals and snacks
- Identify resources to learn carb content of foods
- Explain how to calculate insulin to carb ratios

Presented by Della Flanagan, RD, CDE, MEd, BC-ADM, LD
Della has been a CDE since 1988. She has been the manager of the Diabetes and Nutrition Program at Concord Hospital, which sees patients of all ages and with all types of diabetes.

[Click here to learn more about the webinar.](#)