Pathophysiology of Pre-Diabetes and Early Treatment Considerations

Program Overview
There are approximately 79 million people in the United States with prediabetes, and approximately 50% of those will progress to type 2 diabetes. This has enormous economic, clinical, and humanistic consequences. It is our responsibility as healthcare professionals to share with persons with diabetes all available options to help delay the progression of diabetes. This session will review the pathophysiology of prediabetes and treatment options and teach new assessment skills through evaluating complex case studies.

Intended Audience:
This activity is designed for diabetes educators, including RNs, RDs, Pharmacists, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, MDs, and other health care providers interested in staying up to date on current practices of care for their patients with diabetes and other related conditions.

Activity Type: Application-based

Program Objectives
At the end of this presentation, the participant will be able to:
- Describe current ADA guideline recommendations for prediabetes
- List the available treatment options for prediabetes
- Apply appropriate therapy options based on patient presentation

Faculty
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