Upcoming Conferences, Workshops, and Programs

Conferences and Workshops

The Southern New Hampshire Area Health Education Center is an approved provider of continuing nursing education by the New Hampshire Nurses' Association Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates live activities for AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sponsored by Southern NH Area Health Education Center, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. SNHAHEC Provider Number MEP3658.

For more information on all of our conferences and workshops, please visit our online calendar at www.snhahec.org/calendar. Online registration is available for most events!

Disaster Training Series

Dartmouth Hitchcock Medical Center
Lower Level Classroom
2300 Southwood Drive, Nashua, NH

March 8, 2014
9am-Noon
Disaster Triage

April 12, 2014
9am-4pm
CPR/AED First Aid

May 10, 2014
9am-Noon
Shelter Surveillance

There is no charge to attend this training. For more information, or to register, contact Eugene A. Heighton, Director, Greater Nashua Medical Reserve Corps at cptgene@comcast.net or 603-345-6044.

Stanford’s Chronic Disease Self-Management Program:
Better Choices, Better Health (BCBH)
Looking for NEW leaders to be trained in the Stanford curriculum!

March 13, 14, 17 and 18th 2014
Location: Plymouth State University, College of Graduate Studies
2 Pillsbury Street, Concord, NH

Once you complete the 4 day training you will be able to hold your own BCBH workshop, along with a co-leader at your healthcare facility!

For more information about the program, please visit: http://www.snhahec.org/BetterChoicesBetterHealth.cfm

If you are interested in becoming a new leader, please contact Kaitlyn St. Amand at kstamand@snhahec.org or 603-895-1514x4.
Improving Patient Outcomes:
Working Together to Advance Health Equity in New Hampshire
Friday, March 14, 2014  8am-3pm Grappone Conference Center, Concord, NH

Learning Objectives:
• Define the multiple dimensions of culture
• Describe the increasing cultural diversity in the state of New Hampshire
• Identify at least 2 factors that influence health disparities
• Describe the role that organizational cultural competence plays in healthcare quality
• Name at least two elements of organizational support for culturally appropriate care
• Describe at least two elements of a collaboratively designed action plan to improve health-related outcomes for our culturally diverse population

Registration
Registration is online and by credit card only. The registration fee is $50. To register please visit the activity website. For registration questions, e-mail ccehs@hitchcock.org.

New Hampshire Comprehensive Cancer Collaboration’s 9th Annual Conference
Stepping Up to Reduce Cancer Risk Where We Live, Learn, Work, and Play
Thursday, March 27, 2014 • 8 a.m. – 4 p.m.
Courtyard by Marriott • Grappone Conference Center • Concord, NH

To register for the NH CCC Annual Conference please visit: http://nhcancerplan.org/annual-meeting/172-9th-annual-meeting-2014-sponsors.html Additional information can be obtained by emailing: info@nhcancerplan.org

MisLead: America’s Secret Epidemic

Learning Objectives:
❖ Explain why we call childhood lead poisoning the “secret epidemic”
❖ Identify three different sources and symptoms of lead poisoning in children and adults
❖ Discuss local resources and strategies that anyone can implement to reduce exposure to toxic invisible lead dust

Contact us to schedule a session at your workplace! kstamand@snhahec.org or 603-895-1514 ext 4
The Anthem Blue Cross and Blue Shield Foundation has awarded the Southern NH AHEC a grant to support the Better Choices, Better Health program in NH. The funding will enhance and maintain our capacity to offer and evaluate Chronic Disease Self-Management workshops. As part of the funding we will be able to support a new leader training as well as a lending library for books.

Learning Objectives:
• Discuss elements of the ACA
• Describe the role of Certified Application Counselors (CACs) and Patient Navigators in the enrollment process
• Recognize challenges that patients may experience in accessing health insurance
• Identify community resources for providing education and assistance

To schedule a presentation:
“What providers need to know about the ACA”:
Contact Kaitlyn St. Amand at kstamand@snhahec.org

To learn more about the ACA visit: http://wwwHealthCare.gov

School Nurse Training Series

Lamprey Health Care, 128 State Route 27, Raymond, NH:
April 2nd: Concussions from 4-6pm
May 15th: Pediatric Obesity from 4-6pm

Lamprey Health Care, 22 Prospect Street, Nashua, NH:
May-Date TBA: Pediatric Diabetes Management

Please register online at www.snhahec.org and click “calendar”. Contact Kaitlyn at kstamand@snhahec.org or 603-895-1514 x4 for more information

These free workshops are available to school nurses in New Hampshire. Registration is required. CEUs provided.
**Asthma Conference 2014**

**Asthma Care:**

*From the Medical Home, to the Community, and Back!*

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**CALL FOR ABSTRACTS**

*Attention Researchers and Asthma Professionals*

If you are interested in presenting a session or a poster at the Asthma Conference 2014, please submit your proposal by **March 31, 2014**. Include the title, presenter name(s), and learning objectives. The planning committee will meet in **early April** to evaluate submissions and notify the contact person in mid April.

Submit abstract requests to:

Kaitlyn St. Amand, Program Coordinator
Southern NH Area Health Education Center
**kstamand@snhahec.org**
603.895.1514

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The preparation of this brochure was financed under a Contract with the State of New Hampshire, Department of Health and Human Services, Division of Public Health Services, Asthma Control Program, with funds provided in part or in whole by the State of New Hampshire and/or such other funding sources as were available or required, e.g., the United States Department of Health and Human Services

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*As a Lunch n’ Learn Session:*

An introductory one-hour session can be brought to your practice by SNHAHEC to help your staff understand what can be done to help patients with chronic diseases manage their lives. To schedule this session, contact Kaitlyn below.

*As a series of workshops:*

Classes are offered in community centers across New Hampshire. Upcoming trainings can be found at [www.snhahec.org](http://www.snhahec.org) under the “Better Choices, Better Health” tab.

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**For more information please contact Kaitlyn St. Amand at kstamand@snhahec.org or 603-895-1514**
New Interpretation Classes

Southern NH AHEC Celebrates over 13 Years of Interpretation Training

Information about the Interpretation Training Programs, including the number of interpreters trained, can be downloaded at http://goo.gl/OVNwM

60-Hour Health Care Community Interpretation Training

Manchester, NH: April 22-June 26, 2014
Tuesday and Thursdays from 5:30-9:00pm

Rochester, NH: Frisbie Memorial Hospital
Dates TBA

This is a comprehensive 60-hour program that teaches interpreters to work in health care, educational, social services and some legal fields. The curriculum includes: language access law, the role of the interpreter, the protocol of interpretation, the national code of ethics & standards of practice, memory development, vocabulary development in both languages, impact of culture on interpretation, resources for interpreters and information about the national certification and more.

To register for this course, download a registration form at www.snhahec.org and mail to:

Florentina Dinu, Southern NH AHEC, 128 State Route 27, Raymond, NH 03077
603.895.1514 x5 | fgdinu@snhahec.org

Please include a copy of your high school diploma/GED or higher education certificate

Southern and Northern NH AHEC Community Health Worker Course

7 day-8 hour class Manchester Health Department, 1528 Elm Street, Manchester, NH
September 15, 22, 19, October 6, 20, 27, and November 10, 2014
9:00am-4:30pm

As a nation and a state, we are struggling to address the transformation of the health care system as we move to a model of team based care. One strategy that other states have used to engage communities and assist with navigating services is to promote the Community Health Worker (CHW) model. Train to become a CHW in New Hampshire and incorporate your new knowledge into team based care opportunities offered in hospitals, medical practices, community health centers and social service settings.

Target Audience
There are a variety of roles and numerous titles that fall under the CHW umbrella: Outreach Worker, Lay Health Advisor, Health Promoter, Patient Advocate, community health advisor, family advocate, liaison, peer counselor, patient navigator, health interpreter and public health aide. Those listed and more are welcome to attend!

For more information please contact:
Kaitlyn St. Amand, Program Coordinator, SNHAHEC
128 State Route 27, Raymond, NH 03077
(603) 895-1514 x4 Fax (603) 895-1312
kstamand@snhahec.org
Asthma Tobacco & Control
A Webinar for Health Professionals

An online learning opportunity in partnership with the NH asthma control program and the asthma educators network

Learning Objectives:
1. Compare & contrast Asthma & COPD epidemiology, pathogenesis, and clinical presentation
2. Restate the four components of asthma management
3. Outline the goals of asthma control and tools to improve care in your office
4. Identify strategies to help patients manage Nicotine Dependence Disorder

To Complete this webinar, please visit: www.snhahec.org/webinars.cfm
For more information please contact Kaitlyn at (603) 894 1515 x 4 or at kstamand@snhahec.org

Health Equity: Providers Linking Patients with Community Programs Webinar

Learning Objectives:
- Discuss why improving the social determinants of health will help eliminate population-based health disparities
- List at least 3 health-impacting choices that individuals make which are shaped by community environment and context
- Identify 3 things health providers can do to strengthen the community knowledge base on population-based health disparities

To Complete this webinar, please visit: www.snhahec.org/webinars.cfm

Diabetes “Lunch” and Learns

Sessions now available!

Medication Update

Million Hearts: Hypertension and Diabetes Management
By the end of the session participants will be able to:
* Describe the need, goals and recommendations of the Million Hearts Initiative
* Discuss blood pressure techniques and resources currently being used in your facility
* Apply recommendations in every day patient care

Scheduling Is available Now!
Contact Kaitlyn St. Amand @ kstamand@snhahec.org for more information
Pre-registration available at www.snhahec.org/calendar
Full program brochure will be available in May at www.snhahec.org or by contacting Kaitlyn

Thank you,
Kaitlyn St. Amand, Program Coordinator
kstamand@snhahec.org | p 603.895.1514 x4 | f 603.895.1312
128 State Route 27, Raymond, NH 03077

Announcements: Visit our website at www.snhahec.org for more information about upcoming programs!

March 2014

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