



# *Diabetes Basics for Medical Assistants*

**Friday, March 9, 2012**

8:00 am – noon

Lamprey Health Care

Raymond, NH

## **Faculty**

Sandra Sheeran, RN, CDE

## **Program Summary**

This program is designed to maximize participant knowledge of screening, prevention and treatment of diabetes. This will be a comprehensive half-day workshop that will help medical assistants provide care to patients with diabetes.

*a program of*



*A Public Health Training Center*

*in collaboration with*

**NH DHHS, NH Diabetes Education Program  
Community Health Access Network (CHAN)**

## **Learning Objectives**

Upon completion of this educational session, participants will be able to:

- State who is at risk for diabetes and prediabetes in adults and children, describe the role of insulin, discuss the benefits of exercise in patients with diabetes, and state special consideration of diabetes in elderly patients
- Describe aspects of good skin care and importance of skin care in preventing wounds, state the necessity of good oral hygiene, and sick day guidelines.
- State different types of oral medications and other medications used in treatment of Type 2, and describe different types of insulins
- State the relationship of carbohydrates to blood glucose and benefits of lifestyle changes to diabetes management

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## **Registration Form**

**Registration Fee:** \$20

Includes materials and continuing education credits

*\*Any buyer may cancel this transaction any time prior to midnight of the third business day after the date of this transaction.*

**Register online at [www.snhahec.org/calendar](http://www.snhahec.org/calendar)!**

**Name:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Credentials:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_

Register online at [www.snhahec.org/calendar](http://www.snhahec.org/calendar) or  
mail this form with registration fee to:

Southern NH AHEC

Attn: Tracie Holmes

128 State Route 27, Raymond, NH 03077

fax 603.895.1312 | phone 603.895.1514 x4 | email [tholmes@snhahec.org](mailto:tholmes@snhahec.org)

*registration and payment confirmations will be sent out via email*

Scholarships are available—email Tracie for a request form

### **Continuing Education**

The Southern New Hampshire Area Health Education Center is an approved provider of continuing nursing education by the New Hampshire Nurses Association Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This continuing education activity has been approved for up to 4.0 contact hours: Activity Number:1037