

MANAGING DIABETES *on a Budget*

Wednesday, February 22

5:30-8:00 p.m.

The Red Blazer

72 Manchester St, Concord



Testing strips, medications, food...the costs of managing Diabetes can be high. How can you help your patients properly manage their symptoms and help them self-manage their disease on a budget? Join us for a session on learning how to manage Diabetes...on a Budget!

Learning Objectives

- Describe strategies for accessing medications and diabetes supplies at low or no cost
- Learn meal planning tips to save money and strategies for healthy shopping on a budget

Target Audience

Certified Diabetes Educators (CDE's), nurses, nurse practitioners, physicians, physician assistants, Registered Dietitians, medical assistants, and those who work with people diagnosed with Diabetes.

Faculty

Shawna Bedard, RD, LD, CDE.

Nutrition Counselor & Certified
Diabetes Educator, Concord Hospital
Diabetes & Nutrition Services

Bernie Cameron, Foundation for
Healthy Communities

Barbara Conneally, RN, BSN, CDE,
Manchester Community Health
Center

Registration Fee: \$20

Includes buffet dinner, materials,
and continuing education credits.
Limited scholarships are available.
Please contact Christina for a
scholarship form.

Agenda

5:00-6:00 Registration

5:30-6:00 Dinner

6:00-7:00 Program

*Healthy Eating on a
Budget*

7:00-7:30 Panel

*Medications and
Supplies*

7:30-8:00 Discussion

Test Strips

Continuing Education Physicians

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 2.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

The Southern New Hampshire Area Health Education Center is an approved provider of continuing nursing education by the New Hampshire Nurses' Association Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This continuing education activity has been approved for 2.0 contact hours. Activity Number: 1027.

Certified Health Education Specialists

Sponsored by Southern NH Area Health Education Center, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 2.0 total Category I continuing education contact hours. SNHAHEC Provider Number MEP3658.

Registered Dietitians

The Southern NH Area Health Education Center has requested up to 2.0 hours from the Commission on Dietetic Registration, the Credentialing Agency for the American Dietetic Association.



Diabetes on a Budget

February 22, 2011 | The Red Blazer, Concord

Registration Form

Register Online at www.snhahec.org/calendar or submit this form to:

Christina Patenaude, Program Coordinator

Southern NH AHEC, 128 State Route 27, Raymond, NH 03077

p 603.895.1514 x3 | f 603.895.1312 | e cpatenaude@snhahec.org

Name: _____

Title: _____

Credentials: _____

Organization: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Please make checks payable to: **SNHAHEC**

Limited scholarships available—contact

Christina for more information!

Refund Policy: Any buyer may cancel this transaction any time prior to midnight of the third business day after the date of this transaction

New Hampshire
Diabetes
Education Program
Division of Public Health Services

**AH
EC** Southern
New Hampshire
Area Health
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A Public Health Training Center