

# Southern NH AHEC Community Health Worker Course

7 day-8 hour class ■ Manchester Health Department

1528 Elm Street, Manchester, NH

June 4, 11, 18, 25, July 9, 16, and 30, 2018

9:00am-4:30pm

**Registration  
Deadline:**

**May 18, 2018\*\*\*\***

As a nation and a state, we are struggling to address the transformation of the health care system as we move to a model of team based care. One strategy that other states have used to engage communities and assist with navigating services is to promote the Community Health Worker (CHW) model. Train to become a CHW in New Hampshire and incorporate your new knowledge into team based care opportunities offered in hospitals, medical practices, community health centers and social service settings.

## Target Audience

There are a variety of roles and numerous titles that fall under the CHW umbrella: Outreach Worker, Lay Health Advisor, Health Promoter, Patient Advocate, community health advisor, family advocate, liaison, peer counselor, patient navigator, health interpreter and public health aide. Those listed and more are welcome to attend!

**Cost:** \$1,200.00-includes curriculum, lunch, and training materials. A limited number of scholarships are available.

## Curriculum

### DAY 1:

#### **Service Coordination and Navigation, Outreach, and Professionalism**

*Learn outreach methods and strategies, care coordination, system navigation, professional skills and conduct.*

#### **Organization Skills and Time Management**

*Learn professional skills such as organization and time management to help you interact with community members and other health care resources within your community.*

### DAY 2:

#### **Insurance Options and the Marketplace, CHW Code of Ethics, Culture and Cultural Effectiveness**

*Discuss options for people who are uninsured and underinsured and identify resources to get them the information they need to navigate the health care system. This includes access to the Health Care Marketplace, Medicaid Managed Care, and Children's Health Insurance Program (CHIP). Apply ethical considerations while working as a CHW. Respond to clients in culturally effective ways.*

To register online please visit [www.snhahcec.org](http://www.snhahcec.org) under "upcoming events"

*For more information or a scholarship form, please contact Gina Savinelli  
at 603-895-1514x2*

### **DAY 3:**

#### **Education & Facilitation, Communication, and Interpersonal Relationship Building**

*Gain the necessary skills to provide information to members of your community. You will be able to inform, persuade and motivate your audience. Communicate effectively with diverse individuals and groups in a variety of community and service provider settings while enhancing your interpersonal skills.*

### **DAY 4:**

#### **Individual & Community Assessment Skills Advocacy, Leadership and Capacity Building Skills**

*Demonstrate individual and community assessment skills. You will learn how to educate and promote health behavior changes and offer concepts and approaches to living a healthy life. Learn to advocate, lead, and encourage your clients through community capacity building techniques*

### **DAY 5:**

#### **Chronic Disease Management and Oral Health**

*Gain knowledge in diabetes management, asthma, heart disease and cancer to effectively assist your community in identifying risk factors as well as managing current conditions. Describe the importance of oral health and discuss ways of keeping teeth healthy.*

### **DAY 6:**

#### **Mental Health, Substance Abuse, Domestic Violence, and Care Coordination**

*Identify basic symptoms and signs of mental health conditions, such as depression, anxiety, substance abuse and mood disorders. Explain the process of addiction, screening methods, and resources for recovery. Review types and cycle of domestic violence abuse and discuss related resources. Explore strategies for coordinating patient care.*

### **DAY 7:**

#### **The Environment and Prevention and Wellness**

*Discuss how the outside environment, and the environment in the home, school, and work affects your community. Describe the importance of oral health and discuss ways of keeping teeth healthy. Recognize the organizations in your local community and how they can help your clients prevent and reduce current health conditions.*

*A graduation ceremony will be held upon the completion of the 7 day training*



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