

Adverse Childhood Experiences



Wednesday, May 23, 2018
5:00 to 8:15pm
Bedford Village Inn, Bedford NH

Not all stress is good for you. Certain experiences are so severe or chronic that they produce toxic stress in children. Toxic stress, sometimes called adverse childhood experiences, can damage developing brain architecture and lead to lifelong problems in learning, behavior, and both physical and mental health. Children who have had adverse experiences are more likely to have serious health problems in their adult life, including substance abuse, mental health issues, chronic diseases, and serious relationship difficulties. Stable, caring relationships buffer against toxic stress; but when stressors are severe or chronic, and adult relationships are unresponsive or inconsistent it's important for families, friends and communities to intervene with supports and services that address the sources of stress to protect the child from their damaging effects. Intervening early can help ensure that adverse experiences do not delay physical, social, and behavioral development. Join us to learn more.

Learning Objectives:

- Describe symptoms of toxic stress that may indicate a child is experiencing trauma
- Identify types of community based resources
- Define a follow up plan for referred parents/caregivers

Agenda:
5:00-5:30 Reception
5:30-6:15 Plated Dinner
6:15-7:15 Keynote Speaker
7:15-8:15 Panel and Evaluations

Target Audience:

Nurses, Nurse Practitioners, Pediatricians, Family Practice Physicians, Physician Assistants and other medical professionals who are interested in learning more about managing ACEs in children and their families.

There is no registration fee for this session, however, space is limited.

To Register for this event, [click here.](#)



Meet our Keynote Speaker

Heather C. Forkey, MD is an Associate Professor of Pediatrics at the University of Massachusetts Medical School, and was recently named as *The Joy McCann Professor for Women in Medicine*. In her institutional roles as Division Director for the Child Protection Program and as Director of the Foster Children Evaluation Service (FaCES) of the UMass Memorial Children's Medical Center, Dr. Forkey leads programs to address the needs of our region's children who are victims of abuse, neglect and emotional trauma. She received her undergraduate degree from Cornell University and medical degree from the State University of New York at Buffalo School of Medicine and Biomedical Sciences. She completed her pediatric residency and chief residency at Children's Hospital of Philadelphia. Dr. Forkey serves on the Steering Committee and multiple other roles for the National Child Traumatic Stress Network, and provides leadership for the American Academy of Pediatrics on issues related to foster care and child trauma. Locally, she works with regional and state programs to address the needs of children who have been abused and neglected and to improve the services and supports for our most vulnerable children.



Meet our Panelists

Cassie Yackley, Psy.D., P.L.L.C. is a certified Child Parent Psychotherapy trainer (57th in the country!). CPP is an evidence based counseling intervention that is used to develop/strengthen attachment between parents/caregivers and their children. The focus of CPP is on the parents, with the understanding that often abuse and neglect is handed down over generations and that intervention is required to address the core issues. NH has approx. 25 CPP trained providers throughout the mental health center system and in private practice settings. An additional 20+ masters level mental health providers are currently participating in the 18-month training.

Holly Tutko, MS serves as a Clinical Assistant Professor at the UNH Institute for Health Policy and Practice and the Department of Health Management and Policy. Her work focuses on applied research projects in the areas of pediatric care quality, behavioral health integration, and use of quality improvement science. For the past 5 years she has directed the NH Pediatric Improvement Partnership, a multi-disciplinary collaborative of partners dedicated to improving health care quality for all NH children through the use of systems and measurement-based quality improvement processes. Holly received her bachelor's degree from the University of Massachusetts, a Master of Science in the Evaluative Clinical Sciences from Dartmouth College, and a Graduate Certificate in Public Health Genetics from Sarah Lawrence College.

Linda Douglas, M.Ed., CTSS is the Trauma Informed Services Specialist at the Coalition. In this role, she works to enhance the capacity of member programs of the Coalition, and local communities, to address the effects of trauma and the complex needs of victims with mental health and substance abuse problems. In addition to providing training and consultation to domestic violence programs, Linda has also provided training to DCYF and the Department of Homeless Services. Ms. Douglas is an experienced and much sought after presenter who speaks often on the topics of children and trauma, resiliency and attachment, substance abuse and trauma, and mental health issues and the effects of trauma.

Christine Tappan, MSW, CAGS is Associate Commissioner for Human Services & Behavioral Health at the New Hampshire Department of Health and Human Services. In her role, Tappan oversees an array of statewide programs focused on economic and housing stability, safety, health and well-being of New Hampshire's citizens and communities. Tappan has U.S. and international experience managing, implementing, monitoring and evaluating health and human service programs and policies, as well as providing training and technical assistance in a variety of human service settings.

Sponsors

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Questions

If you have questions about this program, please contact Gina Savinelli, Southern NH AHEC at 603-244-7359 or gsavinelli@snhahec.org

Continuing Education

Nurses

Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

2.0 contact hours. Activity Number: 1227

Physicians

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.